

The Living Light Philosophy Catalog

Class Synopses for the spiritual awareness classes of *The Living Light Dialogue* Volume 11, which includes classes CQA-25 through CQA-57.

While the Consciousness Classes (CC-1 through CC-246) were given to a group of students of the Living Light Philosophy, the Church Lectures series of classes (CL-1 through CL-101) as well as the Church Questions and Answers (CQA-1 through CQA-57) were given to the congregation of the Serenity Spiritualist Church as part of its devotional services.

The spiritual awareness classes of the Living Light Philosophy were given through the mediumship of Mr. Richard P. Goodwin.

CQA-25

“Something does not come out of nothing. . . So everything comes from something. . . Man’s thoughts are an inseparable part of the whole. . . We only seem to have difficulties in accepting responsibility for the disasters, the struggles, the pain, and the suffering that we have, at times, in our life. . . when man stops identifying with the thought of I, he is freed from the form. And being freed from the form, he is freed from the duality of creation; being freed from the duality of creation, he becomes the I which he truly is. . . knowing the truth is the first step in accepting the truth . . . ignorance of the law is no escape from the law. . . he who judges lives in that which has been . . . we cannot tolerate in others what we refuse to educate within ourselves. . . Selfless service is service minus, or less, the thought of self. . . if we think we’re doing selfless service, it’s one of the first indications that we are doing self service. Because it takes the self to think that we are serving, and that is contrary to the demonstrable truth of selfless service. . . opportunity is like the hands of the clock: it meets every so often. . . lack of use is abuse. . . Whatever the talent is—and they are varied, of course, as man himself—whatever the soul talent is, that soul has spent centuries in evolution, in evolutionary incarnation upon incarnation perfecting that particular service to the universe.”

CQA-26

“And so it is in life that freedom, the effect of self-control—not the effect of controlling everything outside, for the only thing we can ever in all eternity control is that for which we are responsible. . . If we do not like what enters our life, then let us

change the level of consciousness that has attracted it to us. . . Let us be honest with our self and we will never again be disturbed by that which is beyond our control. . . that which disturbs us is that which controls us. . . we must first be in personality (or identified with) in order to understand form, whether it is positive or negative, male or female. . . we must become the thing to understand the thing . . . If it disturbs us, then, of course, the law for us has been established; that it's on its way, if not already there in our consciousness, to control us. . . our purpose in evolution is to be in a world, never a part of the world. . . let's become aware and become honest with our self, and let's start cleaning up, as they say in today's language, our own act. And we will be so much better for it."

CQA-27

“. . . when we have had enough of anything in life, we will make the change in our thinking which will bring about the change in our experience. . . We can only attach to anything through the Law of Ignorance. . . Let us remember we can only experience, seemingly without, what we are already experiencing within, for life is a mirror of illusion and that's all that it really is. . . Balance is the law through which the Divine Intelligence flows unobstructed. . . bondage exists in attachment. . . When we have stress, that reveals that we have contradictory and conflicting desires . . . We are the victim of anything we are attached to. . . freedom is the effect, the effect of self-control. . . Remember, limit exists only in the mental world. There is no limit, there is no restriction to that world known to man as spiritual consciousness. . . we grow or go. . . It does matter that we become the captain of our ships and the masters of our destiny. . . when we understand the law that governs anything, it is the first step in gaining control over it."

CQA-28

“. . . it is not possible to be in reality anything that we have not first identified with. . . our mind changes in keeping with the experiences of any moment that it registers and records in consciousness. It is a reactor. . . as long as we permit our mind to identify with what has been, without our conscious, direct control thereof, then we shall ever be the bondage that we are. . . without accepting the Law of Personal Responsibility, we cannot be free from the self, the self-thought, which is dictating a repetition of experiences that have already been. . . All a person can give you is what they have already found. . . There is no luck, my good friends. There is no

such thing. . . You want to have a better life than what you've already had. You've got to ask something besides self, because self can only offer what has already been."

CQA-29

"As we demonstrate gratitude for what we have, we establish the Law of Increase. . . of all things that is not in our best interest to harmonize with it is what man refers to as our subconscious. . . Reason does not exist in what we call the subconscious mind. Only emotion exists in what we call the subconscious mind. . . freedom is the effect of the control of self. . . 'Tis better to make a seeming poor decision than to live in indecision . . . creation is a tool designed to serve the eternal being. . . For he who is a victim to what has been, certainly, is not demonstrating the principle of freedom. . . when a person looks to the future and experiences fear, he is serving that which has been. . . repetition is the law through which change is made possible."

CQA-30

"One sees things one way and someone else sees the same thing some other way. So it only reveals to us that we see in keeping with the censorship of our mind, in keeping to what we judge or judge not and, of course, in keeping with our own limits and our own degrees of intolerance. . . God is good. . . Why we do not experience more good in our life is because we won't permit more good to enter. . . we are the obstruction: our mind, in its error. . . when we think of self, our mind, our fear, becomes the captain of our ship and the master of our destiny. . . we do not evolve until we let go of what has been in consciousness and accept the possibility of something that we desire to be. . . We can only see what we alone, in a mental world, create. . . we are not the thought. . . energy follows attention. . . when you think a thought, you are opening up the door to all that has been in form, all experience associated with it; and all of those laws, they go out and they return unto you. . . a wise man, gaining control over his mind, speaks his word forth into the universe knowing that it shall not come back to him void, but accomplish that which he sends it to do. Our word returns to us void because the energy necessary to bring it back fulfilled is dissipated . . ."

CQA-31

“Many things seem to be around and about us. We don’t have to be a part of them because they’re in the world in which we live. . . If we still believe that we are subject to and, therefore, the victim of any force or any power that is beyond our own conscious control, then we will constantly be the victim of circumstances, not the captain of the ship and not the master of our destiny. . . the only good we’re ever going to find is the good we consciously choose in our own consciousness. . . there is no thing in all of the universes that is not spiritual. For it is the intelligent, neutral Divine Energy that sustains all things. . . When man accepts the possibility of the worst, then he is prepared to experience the best. . . when you have no fear, life, then, is beautiful. . . Hell is sustained by what man calls fear. . . We can enter the mental world, hell, fear, only when we think in our consciousness and, by thinking, identify with separation, which is the thought of I.”

CQA-32

“Nature teaches us the demonstrable Law of Balance. . . We have come to Earth to understand and to demonstrate the Infinite Intelligence that is, has always been, shall always be. . . That which we serve serves us. . . man cannot experience good or God without being the living demonstration in that moment of personal responsibility. . . For when we begin to blame God for our struggle, we also blame God for what crumb of goodness we experience. Let’s stop blaming God for the good that we may stop blaming God for the opposite. Let us accept personal responsibility and know beyond a shadow of any doubt that God or goodness is everywhere present and never absent or away . . . Let us accept God’s will, the right of the power which sustains us, to sustain all life, to sustain all choice in keeping, of course, with personal responsibility. . . We are formless, free Spirit. . . it is unfortunate that we over-identify with the vehicle, the body . . . Change is difficult for man only because man is over-identified with the automobile that he’s driving . . . Wisdom lives in the soul faculty of patience.”

CQA-33

“. . . judgments require and are dependent upon intelligent energy for their own continuity. . . Remember, friends, misery not only loves company, but it is indispensable for its continuity. . . it’s not what you need to put into your mind to free you; it’s what you truly need to take out of your mind that will free you. . . our physical

being is only a reflection of our mental being at any moment . . . There is absolutely and positively—I assure you from over forty-four years of working in these other dimensions—there is absolutely and positively no escape from what is established within consciousness. . . As long as there is need for it, the path is not spiritual. It is in truth mental, for the light of our spirit is freed from want, need, and desire. . . Now the purpose, basically, of the Living Light Philosophy is to show you the way to bring about balance in your life so that you may not be limited to mental and astral bodies for your expression . . . the will of God is total acceptance.”

CQA-34

“. . . man, we see, is never left without desire. . . desire is the expression of the Divinity, God, or goodness . . . a wise man should not suppress desire . . . that which is suppressed is concealed; that which is concealed is falsehood. . . freedom without law, indeed, is license. . . Now to educate something does not mean, in any sense of the word, to eliminate it. To educate means to transform, to transfigure, to change the form, which the divine expression, desire, has taken. . . Whatever it is you want to be, stop wanting to be. Pause in consciousness and awaken to the truth that you are. . . For life is ever as we make it; she is always as we take it. . . The greatest bondage the human being will ever know is denial of the ability to personally respond to life, which *is* eternity. . . that which we hold destroys us, ah, but that which we give unfolds us. . . all opinion is based upon judgment. . . That which is limited cannot be true. . . One cannot be discouraged without thinking of an event that has passed.”

CQA-35

“Now man needs what he thinks he needs, and man thinks he needs because he has the awareness within his consciousness that he is not fulfilled. . . Truth cannot be contained for truth is that which is. . . our denials become our destinies. . . There is good in all things for there is no place that God cannot be or is not. . . Whoever sees good in all things is awakened to the truth that God, the Divine Power, sustains all thought. . . So if we want to experience goodness without, we must first awaken to the possibility of the goodness that is within. And then like shall attract like and heaven shall indeed be upon Earth. . . Man may free himself; he can never free another. But in freeing himself, he is the instrument through which those who are attracted unto him shall be freed . . .”

CQA-36

“When we experience these likes and these dislikes—that things and people are not doing what we like them to do when we like them to do it—wisdom reveals unto us that it is something inside of us. It is a thought. Therefore, generating within our consciousness a feeling. And from that, an emotion. And from that, a disturbance. From that, a discord. Until finally we’re not at ease and we call that disease. . . we can permit our self to be what we are by the simple effort of controlling the thoughts that rise in our consciousness . . . Now we cannot be what we do not permit our self to be. . . put God into it or to forget it. . . A wise man ever works towards his goal. It is the fool who thinks he has got it. . . That which is dependent upon something else, be rest assured, is controlled by the something else that it is dependent upon. . . God, the Light that is, is not a power that is dependent upon man. And therefore, man, for goodness, is not dependent upon God. Man is dependent upon his own willingness to be receptive to that which is. . . every knock is a boost. . . We must face our adversities. . . goodness is everywhere, if it is first allowed within our own consciousness.”

CQA-37

“Now anything that is seeming or appearing, of course, is dependent upon our faith, for our faith is the very instrument through which we establish our own judgments, our own thoughts, and our own beliefs. . . Man is in a constant process of changing his beliefs. . . true friendship, as you know, respects the rights of difference and will weather any storm. . . So there is no escape from whatever law that we alone set into motion. . . you will always find in justification there has to be a victim. And be rest assured the victim will not be you. Someone else is to blame. . . The more justifications that we have reveals the more self-identification we have. We have a lot to defend. . . Change is inevitable. That includes our thoughts, our judgments, our justifications, and certainly our beliefs. . . One does not readily accept what they cannot control. . . Health, wealth, and happiness are not dependent upon anything beyond our control. Health, wealth, and happiness are totally dependent upon a broadening of our horizon, upon a lack of demanding and dictating what the universe shall do to serve us. . . it is through denial that we destine our life to struggle, disasters, and disappointments.”

CQA-38

“Emotion does not make a successful living. Emotion does not make a successful endeavor. . . It is always difficult to know what is good or what is bad, when we are identified with the limited computer known as the self or the human mind. . . Without understanding, there is no communication, except with one’s own levels. . . The degree of attachment to any thought or judgment is totally dependent, of course, upon past experiences in one life and is ever in keeping with the degree of over-identification with the self, which is the limited computer of past experiences. . . One becomes less emotional through less identification with the self. . . The only reason we think we’re not good is because we identify with creation and the Law of Creation reveals to all of us the duality thereof. . . So by less identification with what you think you are doing, you will be doing what you are. And it cannot help but be successful, because it’s freed from concern.”

CQA-39

“Ever in keeping with our belief in limit, ever in keeping with our dependence upon something beyond our control to improve our life, does our world appear to us. . . If you are kind to yourself, then you have the kindness to grant to another. . . You see, it’s like consideration. It isn’t that we need more of it. We have plenty of consideration. I know many people who have a phenomenal amount of consideration. Why, they consider themselves constantly. So, you see, it isn’t a matter of having more of anything. It is only a matter of broadening or expressing in more avenues of expression what we already have. . . there’s nothing that we need. It is only our view.”

CQA-40

“So whether or not we believe or do not believe in an effort to seek God, it is the nature [of] us to return to that which we truly are. . . when we permit our mind to identify with what we call self or self-thought, we are, at that moment, controlled by all experiences that exist in what is known as the memory par excellence. . . Now because experiences are the effects and are never the causes, all experiences are in truth a mirror, which reflects and reveals to us the levels of consciousness that are predominant or in control of our life at any give moment. . . In order to be free from the constant repetition of past experiences, man must make the daily effort to free himself from over-identification with self. . . outward manifestations are merely revelations of our own inner attitude of mind. . . belief is not balance. Reason is. Faith is its direction. . . But of what benefit is it, in truth, to learn and not to apply? . . nature reveals to us that she wastes nothing. . . There’s nothing spiritual about a law

that serves limit! . . . For there is no judgment, by its very nature, that can free anyone. The only thing that frees us is accepting the truth that what we are is the way we are, for we alone insist that it be that way.”

CQA-41

“Repetition is indispensable to evolution. . . . When we find difficulty in making changes that we know inside of our self are in our own best interests, it reveals to us that we are attached to the shadows of experiences that have already passed. . . . it is important with what we do moment by moment, not year by year, but moment by moment. . . . Fear . . . is indispensable to faith in the human mind. . . . Fear is nothing more and it is nothing less than faith in the experiences that we have already had. That’s called fear; it is our faith in those past experiences. . . . the degree of rejection that anyone experiences is totally dependent upon how much they rely upon what they consider self. . . . If they have a very strong belief, through the love of self, which is the attachment to self, then the rejection feeling, of course, is very intense. With that amount of self-love, an attachment to self, we walk on very thin ice with what is known as a china-cabinet ego. It [is] very, very delicate. . . . It is the mind that manipulates. It is the mind that needs. It is the mind that denies and therefore, it is the mind that suffers and never the soul. . . . where we have been dictates where we are going as long as we insist upon relying on self. . . . Tomorrow is not a question to man. Tomorrow is a question to those who believe in the shadow of yesterday. . . . we cannot expect, nor demand, to enter a spiritual world while we insist on being attached to a mental vehicle. . . . My good friends, if you want to be attached to something, choose something with a little reason. . . . we always get what we really need. We always get that, although we don’t always think that we need it.”

CQA-42

“. . . reason, being a soul faculty, is not subject to the human mind or the dictates thereof. . . . It is, for most people, rather difficult to accept the possibility of something that they do not have conscious realization of. . . . the human mind is designed to serve the eternal being, known as the soul. It was never designed to dictate what the eternal soul shall or shall not do. It is through our error of ignorance that we have permitted, through over-identification with the mental world, we have permitted it to become the authority in our life. . . . God is not a giver because God is not a taker. . . . do not suppress desire. Suppressed desire is the first thing to rise at the slightest opportunity to take control over our lives. . . . If one truly is seeking to awaken to their

natural talent, then one makes the effort to be receptive to something beyond the self-thought. . . belief fills our need. Our need serves our judgment. And our judgment is our denial. . . man is a law unto himself. . . That which sustains anything is greater than the thing that it sustains. . . A denial, of course, is a child of judgment. . . “Personal responsibility reveals to me that I am a law unto myself. What, now, am I doing with the law that I am?” . . . There is no freedom, for there is no truth, as long as we insist on believing what thought enters our consciousness. . . And so we fear life because we *believe* we are creation. We *believe* we are the physical body and whenever we believe that, we pay a dear price for it. . . everything that you experience in life is first taking place within your consciousness. First within your consciousness, then is it made manifest in a physical, material world of creation. . . When you want something in your life, you establish the law within your consciousness . . . For what is discouragement, the first line of defense to protect what we judge is right . . .”

CQA-43

“ . . . ask and you shall receive. Ofttimes we want to ask questions of people, or a person, and we are censored by what is called fear. . . fear is simply faith in what our mind is offering at the moment. . . one of the many purposes of the Living Light Philosophy is to awaken within our own consciousness that we may personally demonstrate that that is what is truly happening in our lives. . . our dependence reveals to us our own denial. . . fear is the power of faith directed to mental substance . . . one must first grow in consciousness to the demonstrable, revealed truth that everything, *everything* we can possibly desire is right where we are. . . Life is not dependent, and never has been dependent, upon what someone else does. . . it is, in truth, dependent on what *we think* someone else does; it’s our thought. . . How do you gain the solution to a problem? Through study, through application, through effort. . . we are not the thought our mind thinks . . . we and we alone make life the way life is for us. . . For eons of time flowers have been used as an instrument through which healing can take place. . . [Flowers] are instruments through which we may enter a realm of consciousness that is harmonious and, being harmonious, is an instrument through which our health is regained or restored. . . health is harmony. It is the law of the Divine. . . what good is it to work on the physical and totally leave out the mental world? . . . you may physically remove a person from a world of creation, but you cannot mentally remove them.”

CQA-44

“ . . . all experiences are effects; they are never causes. . . the cause, therefore, lies within the experiencer. That means, of course, our self and that’s known as personal responsibility . . . Life reveals to us in this world that we attempt to ridicule and to destroy what we fear. . . What we cannot control, we attempt to destroy or to ignore. . . A fool fears what he does not understand and is a fool because he’s not willing to make the effort to investigate. . . We cannot gain tolerance until we make the effort to understand. We cannot make the effort to understand until we have suffered sufficiently with what we think we already have in consciousness. . . to bring about a change, we must let go of what we think we have. But that is not what our minds want to do. . . The Living Light Philosophy teaches evolution through self-application of the laws revealed. . . goal is a lifeline; choose wisely. . . There is nothing that stands in the way of our purpose, in the way of our goal but the judgments of our mind that tell us we haven’t achieved it yet, we’re so far from it, what’s the use? . . . Humility is a soul faculty. . . sex or procreation is a sense function. . . no one ever understands anything that they do not communicate about. . . Once we understand and are satisfied with our understanding of what it means to us, then we will find a balance begin to take place in our consciousness between the soul faculties and the sense functions. . . our thought of need is a delusion, an effect of denial.”

CQA-45

“ . . . that which stimulates and challenges the senses, indeed, helps the ego to expand. We don’t teach it helps the ego to be educated. It does just the contrary; it helps it to expand. . . If a person judges that, first, they desire something and, second, that they do not have it and, third, that it is attainable somewhere beyond them, then in keeping with those laws established shall man bind himself to the realm of consciousness in which he has established the law. . . When we tempt to impose our will, our limited views and judgments upon another, we open the door to what is known as problems or trouble. . . that which grants us freedom is personal responsibility. . . denial in this philosophy reveals our destiny. . . ‘Therefore, I am truth. Therefore, I am free. Therefore, I am not dependent upon anything beyond my own consciousness, which is God, the Divine itself. I am not dependent upon anything that is beyond that; therefore, I do not experience need. Not experiencing need, I do not establish the laws of denial. Not establishing the laws of denial, I do not experience the destiny of want.’ . . fear is the mind’s control over the eternal consciousness or the eternal being or the soul. . . Now the power of will or the will power of man is the lord or the law of man’s universe. . . energy follows attention. . . whatever in life bothers us, that is what is controlling us. . . Personal responsibility is not a popular teaching in this world today. But personal responsibility is not a new teaching. Personal responsibility is the oldest teaching of the universes, for it is demonstrable truth.”

CQA-46

“ . . . oftentimes no is God’s direction. . . we are not the thought; therefore, we are not the form, which is the effect of the thought. We are the intelligent, infinite Energy that moves the thought, that moves the form. . . From denial grows need. From need grows demand, frustration. . . man is a law unto himself. . . we cannot grant unto another what we have not first granted unto our self . . . only in being honest with oneself can one truly perceive the obstructions in their consciousness that would be the instruments of magnetically holding them, through their emotions, to a physical or earth realm. . . there is no reason in the realms of emotion. . . If you truly love the animal more than you love yourself, you will be joyous; you will flood your consciousness with the goodness of life that your friend, your pet, your animal got to take their journey into the happy lands where we’re all going. . . whatever happens to us is caused by us . . . The physical body is only necessary for physical existence. It has absolutely nothing whatsoever to do with being necessary for the mental existence.”

CQA-47

“ . . . in order to experience the truth that frees us, we cannot permit our minds to deny the Law of Personal Responsibility. . . to permit our self to think that there is something outside of our own consciousness that has the power or the potential to control our lives is a total denial of demonstrable truth. . . that type of giving, mental giving, is not from the heart. It’s from the mind and it must pay its just due of the dual law of creation. . . that which we are responsible for, that we do not make the effort to guide or control, sooner or later shall control us. . . all judgments, of course, are based upon a mental world . . . And so it is fear that causes discord, disaster, and war. . . if we permit ourselves to think that our beliefs and our thoughts are us, then we have a great struggle in life. . . as long as we *believe* in our own limit, then that’s all we can offer to the universe. . . We are our own obstruction. We also are the way. . . truth is individually perceived. That doesn’t mean that truth is individual. . . A wise man gives what he has to give in life and cares less what the receiver does with it. . . we grant to others what we have first granted to our self . . . the Law of Presence is the Law of Solicitation. . . in all disaster there is Divinity. . . For one must ask themselves why they feel good, as well as why they feel bad. . . to deny this power that flows through us by giving it so freely, in delusion, to something that is beyond our control is the path of suffering.”

CQA-48

“. . . if you don't move with the changes in life, then you soon find that the joy of life has passed you on by. . . all experiences in life are direct effects, in one's own evolution, of transgressions of natural and divine law. . . if you have ever shared experiences with a reformer, you soon find out that either you are reformed or you're annihilated. Well, what that simply reveals is that a person who suppresses a pattern of mind, a person who suppresses the limits of their desires, a person who does not make the effort to educate them, is a person who is very insecure and constantly in fear of being tempted. Therefore, they must support their own security by forcing their particular reformation or their change upon everyone that comes within their zone of action. . . Man is freed from the limits of judgment when man stops believing that he is the judgment that he creates with his mind. . . he is responsible for the thought, but man cannot be the thought, for thought is form and form is limited. . . We form the limit because we fear. Because we fear, in our consciousness, survival, the animal instinct rises to defend and to protect us. . . Truth, not having need, needs no defense. . . energy follows attention . . . So if we go with that understanding (give what you have to give, care less what they do with it), we will remain free.”

CQA-49

“For it is through the over-identification with oneself that we find our problems in life. . . The reason that we react to the experiences we encounter is simply from a lack of effort to control our own mind. . . prejudice is to prejudge any experience that we encounter. . . Now to presume, which is to prejudge based upon past experience, is indeed a most detrimental expression for the human mind. . . to presume, to prejudge, is to reveal to our self that we are prejudging each and every opportunity that's coming our way. . . to presume is based upon what we have already personally experienced. And to assume something is the lazy way of the human mind not to even bother to go through the process of presuming. . . Man shall never find anything more blinding or deafening than desire. . . a temptation, that which tempts us, reveals to us where our weaknesses are. . . Now the laws of creation clearly reveal to us that which is created is subject to the Law of Duality. . . man relies upon what he has already experienced for a false security. . . we must move from belief to faith. . . Nature reveals itself: that which sustains a thing is greater than the thing which it sustains. . . form exists in the realm of consciousness known as belief. . . As you believeth, you becometh. . . So man is limited when he believes. Man is free when he

moves in faith. . . But what man refuses to accept is that his denials are effects of his own beliefs.”

CQA-50

“. . . whatever we forgive or give forth, of course, no longer entertains our mind. It is no longer considered by us. . . it is truly divine to forget. . . suppression of desire is one of the most detrimental experiences that a human being can encounter. . . do not suppress desire; fulfill it or educate it. . . the greatest gift that man can give to God, in order to be free, is the gift of self. . . repetition is the law through which change is made possible. . . That which serves us best is that which we serve selflessly. . . the nature of the human mind is to control everything that comes into its sphere of action. . . it takes 72 hours for the consciousness to move through all of the various levels of the human mind. . . Health, in this philosophy, is the effect of harmony, the Law of Harmony, where all things flow united, serving the purpose of their design. . . When a person—and life has already taught us that—is not willing to bend like the willow, then the person must experience the breaking of the branch, for the storms and winds of creation are ever with us. . . Decisions, as I stated, accept within their very formation the possibility of change. Judgments do not accept the possibility of change.”

CQA-51

“. . . like attracts like and becomes the Law of Attachment. . . force is an effect of fear. . . fear is the effect of a judgment. And so, judgment is the effect of past experiences. . . we can only have control over what we first accept . . . weight problems are directly related to emotional starvation. . . to suppress a desire is to guarantee frustration someday. . . You educate the desire or you fulfill the desire. The one thing you never do with desire is suppress it. . . Discord is the opposite of harmony. Harmony is health and discord is disease. . . For nothing is ever lost. . . Let us rise to love because the Light is ever above us. . . And by wanting something from man, we deny its avenue of flowing from God, that is within us. . . if we live for believing how much a person likes or dislikes us, then we must accept the demonstrable truth: the reason we live that way is because we want something out of those people. . . It's not important whether or not someone likes you or loves you. What is important is that you like yourself. . . when something no longer serves the purpose for which it has been designed, reason reveals that you remove it from your universe. . . you can't

have harmony when there is emotion, which is the defense mechanism of any judgment that you make at any time.”

CQA-52

“. . . joy is the effect of the expression of gratitude. . . the opportunity of experiencing joy is ever available to us. . . the ability and the willingness to make changes in our life is ever dependent upon the degree of control that we have of our own mind. . . belief is a device of the human mind to keep us from making intelligent effort that we may finally accept that we are not the thought that passes through our mind, that we are in truth the Power that moves the thought, that we are not the judgment that binds us to discord and disharmony. But we are the power used by mental substance to create that bondage, that victimization, and that slavery. . . Misery not only loves company, without company it does not exist. . . When our goodness and our God is dependent upon what our mind and physical body can do at any given moment, then our God is demonstrably the false gods, the golden calves that someday in our consciousness are destined to crumble.”

CQA-53

“. . . anything that is composed of a dual principle is destined to experience both ends of that principle. . . fear is demonstrably revealed to be nothing but the power of faith directed to a mental world. . . what the mind judges, the mind limits. As the mind judges and the mind limits, it restricts itself from the abundant flow of the only power there is in the universe for the restoration, the restoring to balance, the effect of which is known as peace or perfect health. . . God is not a judge. Judgment does not exist in the Principle of Peace. Judgment only exists in the duality of creation. . . Principle is a neutral law. . . For God sustains, being a divine, neutral Infinite Intelligence, God sustains the so-called good thought of man as well as God, this great power, sustains the so-called bad thought of man. . . Justice is ever in keeping with the Law of Personal Responsibility. . . as man sends out thoughts of good, man experiences thoughts of good as a return of what he sends. . . to blame another for our struggles and our difficulties reveals to us, in the law that we cannot grant to another what we have not first granted unto our self, it simply reveals to us that we are blaming our self. . . creation is the mystery. The light and the purpose of the Living Light Philosophy is to take that “mist” out of the mystery.”

CQA-54

“. . . we alone make life the way we find life. . . there is no such thing in the universe known as chance. . . And so when man becomes bound to the belief that he is the limit of his own mind, then man must live in the limit that he alone has created for himself. . . So what is man’s greatest responsibility? To awaken within his consciousness; to free himself from the bondage of prejudice . . . Our greatest responsibility to life is to permit our self, by control of our own vehicle called our own mind, to accept the possibility and divine right of all expression throughout the universes. . . And whoever sees the good within, experiences the good or God without and is freed from the bondage of his own ignorance and therefore, truly fulfilling his responsibilities to life. . . our physical body is an effect of what is taking place in our mental body. . . all judgments are effects of denials. All justifications are servants of those denials. . . We are as good, as happy, as wealthy, as healthy as we will permit ourselves to be through our own effort to awaken. . . Without tolerance, there is no success. . . the weight of responsibility to a wise man never exceeds his love of God. For a wise man knows that the weight of responsibility is the judgment of his own mind. . . our life is ever the way we make it and, of course, it’s always the way we take it.”

CQA-55

“. . . whatever we expose our self to has [an] effect upon us. . . the only way to experience that which is greater than the thought of man is to go beyond the thought of man. So we cannot go beyond our own thought until we first make that step to go beyond our belief. . . the joy of life is in the effort, never in the reward. . . There is nothing more destructive to the human mind than the pity of self. . . A wise man does not dictate that what he desires shall be filled in keeping with the judgments of his mind. . . A wise person does not concern themselves with the fruits of action . . . God helps those who help themselves by helping others. . . we can only grant to another what we first grant unto our self. . . that which we hold destroys us; that which we free unfolds us. . . for ignorance is no escape from law. Law is impartial. Law has no feeling. Law has no emotion. Law has no personality. Law is blind to the fickleness of creation. . . Our soul came to Earth in keeping with its own evolutionary path. . . we can do something about everything in our life. . . Like attracts like and becomes the Law of Attachment. . . we can only be limited by identifying with limit or form. . . when we are identified with limit, we’re only half there and, therefore, we are not fulfilled. . . You cannot see objectively, impartially, when you look at a person that there’s any degree of attachment with . . . There is no thing that we cannot do

something about. Because it's our mind. It's our thought. It is our judgment. . . Our consciousness is our ship of destiny. . . Without emotion is the light of reason. . . that which disturbs us is that which controls us. . . he or she grows or goes. . . acceptance is the divine will. The Divine Will, God, is the Principle of Goodness. . . man experiences through his own acceptances . . . that which sustains the thoughts of the minds of men is far superior than that thought that it sustains.”

CQA-56

“ . . . the blissfulness of ignorance is very short-term . . . belief is limited to and dependent upon a mental world and the minds of men. . . The longer we choose to make no effort to awaken, the longer we believe in the so-called bliss or absence of personal responsibility in our life does not keep us free from it. . . we find that our world is subject to and is dependent upon what we accept and what we reject. . . We find in life that which we deny or reject we are destined to experience. . . our adversities are guaranteed to become our attachments. . . we cannot grant to another what we do not first grant unto our self. . . if we insist on denying our right to abundant good, then we do not have that to grant to others. . . There is the potential of good in all things. . . The only thing that puts the light out for us is what we know as our own thought, our own judgments. . . It does not benefit man to have a perfect physical body at the expense of losing peace of mind. . . It is our belief that is our bondage. It is our own belief that is the obstruction to the goodness that we are. . . life is what you choose to make it. . . When we permit our self to believe that our God, our goodness, our happiness, our joy is what someone else does, what someone else doesn't do, then we have opened the doors to slavery and become one of the willing workers.”

CQA-57

“ . . . growing up is known in the Living Light Philosophy as personal responsibility . . . Destiny is at our command when we grow up mentally and emotionally and accept what is justly and divinely ours. If we find difficulties in life, they are only effects of our attitude, but we have the ability to change our attitude. And through a change of our attitude we change the Law of Vibration and through that change, we attract unto us, in keeping with the law that like attracts like and becomes the Law of Attachment, we attract unto us the things that we truly want: the goodness of life. . . that which disturbs us is that which controls us. . . divine justice is not dependent upon fickle, mental experiences. . . in a mental world we believe that we must take

certain steps in order to attain what we desire. . . only in truth, the eternal moment, is there freedom. . . In harmony, there is health. . . a house divided is a house of discord. . . failure is a great success; it is a success of the forms we alone have created.”

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