Here are a few spiritual quotes from recent weekly emails.

"From the great eternal Oversoul we all have journeyed and many are the centuries that have already passed through experience. Through experience without number, we have viewed what creation truly is: a mental attitude of mind. Remember, my good students, that creation is a mental attitude of mind. What it brings into your life is dependent upon your choice of attitude. It is within your power and right to sustain an attitude of goodness, of success, of all that life has to offer. Through your attitude of mind shall you reign supreme over all creation. It is your attitude. It is nothing, in truth, nothing else. Health, wealth, and happiness is the direct effect of your own efforts to maintain and sustain an attitude that is in keeping with those immutable laws of peace and harmony." [from spiritual awareness class CC 132]

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"Now, we have spoken in many ways and in many, many days one simple and pure eternal truth and we have spoken it in a multitude of different ways. And yet we have found over these many centuries that that very simple truth is the very last thing the human mind will accept. The reason that the simple truth, about to be spoken again, is the very last thing that the human mind will accept is because the human mind knows once it accepts and applies this great, simple truth that its authority over the eternal, evolving soul will no longer exist. This is the very thing that all souls are striving to rise to be free. And so once again we reveal that great, simple truth: Everything that you experience in life is an effect of what is going on within your own mind. Everything is inside. When the soul is ready, when it is strong enough, then the mind is forced to bow to the truth that frees it. Now, this takes place in many different ways. And we have repeatedly spoken on the need of the mind to control itself—to gain control over the mind. It is reason that we must permit to rise in order that there may be a gaining of control over the mind. Now, reason dictates this eternal truth. And reason clearly states all of your experiences, you have willed into action; it is a subtle law. All of the experiences you encounter are revelations of your own mind and its many levels of expression. This is the Law of Personal Responsibility, the ability to personally respond, to personally respond to your own experiences, to respond to them in the light of eternal reason." [from spiritual awareness class CC 115]

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"Let go of what has been. There's nothing there for you. It has already served its purpose. Take control of your mind. And every thought that is related to what has been, let it go. Because in the moment you let it go, this river of consciousness of Infinite Intelligence will flow unobstructed through your being and you will be amazed at what you see that is, that is, that you could never see before because it was obstructed by your very thought processes of what had been." [from spiritual awareness class CC 221]

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"Think, my students, think of this, the moment of your peace. Become receptive to that vibratory wave and listen, listen to the songs of harmony. Listen to the symphony of the eternal spheres. They are playing in the universe without ceasing. But you must first become receptive to the power which can help you to hear them. That is the power of peace. Use the power of peace more often. Man thinks and says many things in the course of a day. And those many things cause him many feelings, so-called good ones and so-called bad ones. It is better to think of peace, to knock at the door and experience heaven, for beyond the door of peace is heaven itself. It is right where you are, but you must first accept it.

If you permit your minds to dictate what it is, then you will establish an opposing law to your seeking. Whenever you permit your mind to dictate, whenever you permit your mind to judge, you establish an opposition to that which you seek. And so it is on this, the first class of this semester, that we emphasize to you that you may remember frequently the laws opposing what you seek are created by your judgments, by your dictates. And those opposing laws have a greater strength than the laws of your seeking. The reason the Law of Opposition is stronger is because it is fed by human emotion. And that is a great force that leaves your magnetic field.

So remember, good friends, whatever you seek, place peace first. Place God in front of your desire. Never permit the mind and its judgment, its dictates, never permit it the supremacy over peace and over God. For if you do, life will become a living demonstration of failure and obstruction. Let the will of the Divine—the only will capable of bringing what you seek—let that will flow through your consciousness unobstructed. And the key to it flowing freely and unobstructed is total acceptance of each and every moment of your experiences in life. Accept their right of expression and accept your right of peace." [from spiritual awareness class CC 140]

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"Look clearly in life at the very things that the mind says it doesn't want to do. Look at the things that it cannot tolerate. Look at the things that aggravate it. Those, my friends, are the precious jewels that, properly used, will free you in life. For they are the very instruments that your own mind is using against you to hold you captive. And there is no mind that does not know the things it does not want to do. But ask your mind the question, "Why don't you, oh mind, want to do these things? Why are you so intolerant of this and that and that?" And then, through your efforts, your mind will expose itself and, in so exposing itself to yourself, you then have those precious keys, called the jewels of life, to turn in the lock that holds you the victim in bondage, that makes life not the beauty and joy that it truly is." [from CC 115]