The Living Light Philosophy Catalog

Class Synopses for the spiritual awareness classes of *The Living Light Dialogue* Volume 9, which includes classes CL-1 through CL-81.

While the Consciousness Classes (CC-1 through CC-246) were given to a group of students of the Living Light Philosophy, the Church Lectures series of classes (CL-1 through CL-101) as well as the Church Questions and Answers (CQA-1 through CQA-57) were given to the congregation of the Serenity Spiritualist Church as part of its devotional services.

The spiritual awareness classes of the Living Light Philosophy were given through the mediumship of Mr. Richard P. Goodwin.

CL-1: Our Spiritual Responsibility

"When we make the daily effort to become aware of ourselves, to go within . . . and when we balance our spiritual faculties with the functions of this sense body, then, my friends, and only then shall we be free and shall we know the peace and the joy and the bliss that passeth all understanding . . . It is true in evolution . . . that in time we will all find the way, but there is no particular way for everyone at any one time . . . It is the motive that is the germ, that is the seed, that produces the tree and all the effects . . . if you will look sincerely and honestly within, you will find the cause of all things at all times. For nothing, my good friends, can ever happen to us that is not caused by us."

CL-2: The Freedom of Faith

"For freedom to us is to be without bondage, to feel the expression of the divinity within us. Now faith is usually associated with some particular religious sect or philosophy but in the way we are presenting it . . . it means to us a conviction, a conviction beyond the shadow of any doubt . . . When you keep faith or conviction with this reasoning faculty that is within each and every human being, when we do that, we shall find this great freedom." "We have choice and we are free to do what we consider right or wrong to the degree of our awareness and understanding but . . . whatever it is that we do or are doing, it shall return to us, for that is a law of the universe."

CL-4: The Vital Force of Psychic Phenomena

"The thoughts that we entertain release this vital force from our very being and thoughts are more than things, they are the causes of things . . . Man is the great creator, sustained by this vital force and do not be deceived . . . and think that we have reached the gates of heaven because . . . we may have awakened a certain psychic faculty . . . the psychic realm is not the realm of spirit . . . and the spirit realm cannot be reached . . . until we have opened to some degree the faculties of our soul."

CL-5: Levels of Awareness

"Many religions for untold centuries have spoken of have spoken of heaven and of hell . . . but the level of awareness that we have at this moment is the one that we will take into those other dimensions and, therefore, if we do not make the effort today to awaken this soul, then we are going to take with us all of our desires, all of our envies, and greeds and jealousies, all of our hates and all of our fears and all of our superstitions into what is termed an earthbound realm . . . All things that we experience are but the effects of the level we are expressing through at that moment."

CL-6: Divinity and Direction

"When we truly awaken to the divinity within us our lives will become divinely directed. God does not give us health or its opposite. God does not give us wealth or its opposite. God Is. We and we alone make the choice whether we want to accept it or to reject it." "For that that is pure love is a love that goes out, has no consideration or want or desire for return, and when love flows through our being on that level of awareness, it goes forth into the universe and according to the law upon which it is sent out, it does indeed return to us."

CL-8: The Living Demonstration

"The living demonstration is the demonstration of this moment . . . You have the right to express through a level of awareness that frees us. That is the divine birthright of every human soul. That is the living demonstration."

CL-9: The Living Dead

"The dead are not all in the so-called world of spirit . . . our minds are cluttered and entertained with what everyone else is doing because it does not meet, ofttimes, with our petty approval. Does not that type of thought of prejudgment, of knowing what is right for everyone but ourselves, is that not a demonstration indeed of the living dead? Dead to understanding, dead to consideration, dead to reason, dead to logic and even dead, ofttimes, to hope."

CL-10: Inner Levels and Outer Limits

"As man continues to direct his faith...to ... negative disturbing things then that is what man will ever continue to experience. Our outer limits are narrow by ourselves ... It is more than helpful to spend a few moments of each hour to think where our thoughts are. Are they limited or are they limitless?"

CL-11: Evolutionary Incarnation

"... the soul is evolving through forms and forms unlimited ... it has entered this earth planet, this physical form, at the moment of conception according to laws that

it has set into motion at another time, in another place, in another age \dots 0n speaking of evolutionary incarnation, I ask that you not be confused with what the common theory of reincarnation is."

CL-12: The Meaning of Salvation

"When we as individualized souls of truth make the daily moment to moment effort to be at peace with ourselves, then indeed we will find this so-called true salvation, for we shall find ourselves and having done so, we will experience the peace, the freedom, the joy of eternity."

CL-13: The Web of Destiny

"... we are the spiders that are weaving ... webs. Remember that a spider can only traverse the web that it has woven, the soul can only express on the patterns of thought that man has chosen to express upon."

CL-14: Man's Only Suffering is his Denial of God

"If God doesn't choose hell for us, why does a sane man choose it for himself? That's denying your own divinity."

CL-15: Man, The Universe

"For many years . . . friends through the world of spirit have repeatedly asked that we broaden our horizons, that we expand our consciousness, that we be more receptive to the possibilities and the probabilities, that life is not only eternal but that life is everywhere . . . What inside of us could possibly entertain the thought that we and we alone are the only evolved intelligent beings in all of God's universes?"

CL-16: Attention and Energy

"If it is true and nature herself demonstrates that truth—that everything is the effect of directed energy, then it behooves man to choose wisely what he is directing his thought to."

CL-17: The Wisdom of Tolerance

"Each time that we express intolerance we give, from our very being, power to the thing that we are not able to tolerate. For that that disturbs us, my good friends, is that which controls us."

CL-18: The 125th Anniversary of Modern Spiritualism

"We see from the beginnings known as the spirit rappings that a whole new concept of spiritual awakening came to the world. Out of this new era birth was given to many new philosophies—a teaching that we were no longer eternally damned, that we and we alone were responsible for all of our acts and all of our activities, that indeed there was no savior waiting for us, that the salvation that the world had spoken of for so many centuries was inside of us—the only place we will ever find truth."

CL-19: Genuine Mediumship

"Mediumship is an awareness of why a person is experiencing certain effects in their life. It is a revealing, a revelation, of the causes that the individual soul has set into motion. Without mediumship in the world there is no awareness of the dimensions we truly live in." CL-20: Growing in the Light

"We understand in our use of the word 'Light'—we use that as a meaning or an expression of truth, for wherever there is Light, darkness disappears. And so it is, throughout the ages that man has looked upon darkness as error and ignorance and upon Light as the path and the truth."

CL-21: Psychic Common Sense

"Every human being is psychic to some extent but of what benefit would being psychic be to anyone unless they know the laws governing the phenomena, the science, so that they may ever remain in control of the things that they view, that they receive and that they hear. It would be much wiser to sit at home and to view the variety of programs that are telecast over your television set, for the psychic dimensions are not there for people with common sense to view them like a movie."

CL-22: Man's Magnetic Field

"When we awaken to the great truth that we must express more fully this magnetic power known as love; when we awaken our minds and stop limiting the Divine flow, then we will receive a more abundant influx of this so-called energy known as God. . .We are sending and receiving sets. We are receiving ever equal to what we have set forth into the universe."

CL-23: Expanding Consciousness

"We understand in this Association that the word consciousness means God, the Divine, the Infinite Intelligence. And so it is, while we are here encased in flesh that we are striving to expand our awareness of this Divine, this God that is everywhere present."

CL-24: [Class Excerpts]

"We all in this world are seeking something. That something to us means our success, whatever the endeavor may be. We understand that success is ever in proportion to our expression of the soul faculty of duty, gratitude and tolerance."

CL-25: Acceptance, the Divine Will

"Divine Will. . .a state of consciousness within ourselves—the highest state of consciousness possible—where Divine Will manifests itself and knows beyond the shadow of any doubt what is best for our own soul. Acceptance is the Divine Will, for without acceptance there is no experience and without experience there is no growth, there is no progression, there is no evolution. And it is the Divine purpose, plan and will that the soul encased in form is in a constant state of expansion, growth and progression."

CL-26: The Journey of the Soul

"The teachings of Serenity are not that your soul has come direct from God as a new expression but that it has and is evolving not just through what is known as the earth realm or the earth planet, but that it is evolving through the solar system."

CL-27: Adventures in Consciousness

"And so it is . . . with all of our experiences we first must imagine them; we must believe them in order for us to experience them. And so it is in life that man has and is imagining many types of gods, many types of beliefs, but without that process of belief or imagining, he cannot experience because he cannot experience what the mind cannot first accept."

CL-28: New Horizons

"In this understanding, there has been much discussion on the value and the importance of our own mind, our thoughts, for they are indeed the universe that we ourselves experience . . . We understand that success is ever in proportion to our expression of the soul faculty of duty, gratitude, and tolerance . . . This day let us ask ourselves honestly the question, "What has true value to my life?" . . . If it is true—and it is true, I assure you—that we take our emotions, our feelings, and our attitudes with us, that those are the realms, the dimensions in which we shall live and express ourselves, then let us weigh within our minds what attitudes we have, what things we are mentally, emotionally attached to, because that's where we're going to find ourselves, friends . . . In these worlds known as worlds of spirit—and many dimensions there are—our thought becomes the most important asset that we have . . . Find out, my good friends, what you are, then you will know who you are."

CL-29: Respect—The Law of Consideration

"If respect is an expression or demonstration of the Law of Consideration, does man in truth respect all things that he considers? . . . We find that is not necessarily true. For there is another part of that faculty of respect and consideration and it is known as value. We find . . . whatever we have a value for, we have a desire to attain. And the degree and the extent of that value and desire prompts us to a greater consideration. And as we demonstrate that Law of Consideration, we express some degree of respect."

CL-30: The 126th Anniversary of Modern Spiritualism

"Spiritualism did not come to this world to build physical cathedrals of stone and mortar. It came to this world to build cathedrals of the soul."

CL-31: Value—Man's True Mirror

"... experience in truth is the mirror of our own thoughts, attitudes and acts. When looking into this mirror of life known as experience, we gradually, slowly but surely, awaken within ourselves a greater understanding of what it is in truth that we value."

CL-32: Third Anniversary—Serenity Church

"... all of us have a responsibility. We have a responsibility to what is known as Divine Justice, for that that benefits us is not what we try to push down another's throat, but it is our responsibility to share with those who are seeking that which already has proven to help ourselves."

CL-33: Man's Spiritual Search

"The obvious reason why we are not able, seemingly so, to stay with any particular study or endeavor is because of our unwillingness to surrender. Until we reach a state of consciousness within our being where we are willing, ready and able to surrender what we consider is our knowledge, what we consider is right, until we reach that state of consciousness and we are willing to surrender to a Divine Wisdom, to a Divine Intelligence, we are not going to find the things that we are truly seeking."

CL-34: Mediums and Their Message

"The purpose of mediumship is to reveal . . . the cause of the experiences that you are experiencing, to help you to see that there is a better way to live in life, that there is a purpose to the moment in which your soul is expressing . . . The spiritual world, my friends, is the spirit within your own being here and now . . . there is no death, my friends. There's only a change, a change of form . . . We teach in this understanding that all experiences are the direct effect of a level of consciousness or an attitude of mind of each and every individual . . . whatever you are seeking is indeed also seeking you . . . But be rest assured, my friends, if those who have gone before us to another dimension . . . are able to reach your consciousness to help you to make a change in thought, to bring about a more peaceful, a more fulfilling, a more abundant life here and now, then indeed the purpose of mediumship has been served . . . Our soul is an evolving process. It has expressed through untold centuries and will continue to express through untold centuries."

CL-35: Leadership and Responsibility

"We look across the land and we see so many things that we desire. But it has been stated many times that desire has no light. And indeed it has no light, for when the mind desires something, it does not at that moment use the faculty of reason . . . What is it within us that has an eternal, lasting value? What is it that will weather every storm and every change, which is the Law of Creation? That something that is above and beyond, and yet expressing through creation, is called by many names. It's called God. It's called Infinite Intelligence . . . It is the only thing in life itself that will not fail you, because it is not dependent upon the fickle mind of man . . . For when you're truly at peace, you will have all of the so-called love, attention, or energy that you could possibly utilize at any given moment . . . Don't you see, my friends, we sell our soul to the things that we think we need . . . All things are the effect of directed energy through the power of thought . . . And so when man believes in his heart, in the depths of his being, that he has the image that he has created, then man will experience it in this physical world."

CL-36: Psychometry (Aura Sensing)

"Psychometry can be stated simply as soul knowing or aura sensing ... We are all transmitters and receivers ... Man, know thyself and ye shall know the truth and it is the truth that will set you free ... And so it is that we go on the inward journey to know our own mind. To know the things that we have long forgotten. To know the desires of yesterday, for they are the laws, my friends, that are controlling your today ... We always experience in life what we really want to experience ... God, peace, freedom, abundance, call it what you will, must mean enough to us to make the daily, conscious, constant effort ... If you turn your back on the things that are difficult today, you will face them throughout eternity, until you have mastered them ... So become aware of your thoughts, my friends, your attitudes, and your feelings, for those are the laws that you are setting into motion ... What is worthwhile and peaceful to entertain in thought? Well, my friends, it's peace itself. Peace, that great peace which brings balance in our life, that is the power known as God ... Prophecy is nothing more nor less than the revelation of the laws that you and you alone have set into motion."

CL-37: Magnetism—The Invisible Power

"When we truly believe anything, we create it in our consciousness . . . when our conscious and subconscious mind is in harmony this so-called Divine Intelligence, known as God, moves through an unobstructed vehicle called man . . . So whatever it is that you are seeking in life, remember it is within your power to attain it, dependent, of course, upon the effort that you make—and you alone make—to bring balance into your life . . . man always gets what he really wants. And so few people seem to want to agree with it . . . Today's manifestation in life is the effect of the various laws that we set into motion by our acceptance, by our belief, by our thought of yesterday . . . This is the only moment over which you have any power to do anything. Think about that, my friends. Yesterday's gone; tomorrow has not yet come. This is the moment that you are in God . . . We teach that each moment, each moment is a new day and a new beginning, if you choose to make it so . . . Where is our energy directed? . . . And let's open up our soul, our heart, and our mind to a God that can really do something. And then we will know in truth the joy of living."

CL-38: Justice and The Law

"We understand in this philosophy that all experiences in life are simply the effect of a level of consciousness that we have chosen to express upon . . . man, in truth, is a law unto himself. He sets the laws of life into motion by his own attitude with any experience that he encounters in life . . . And that law must be fulfilled to the degree and to the extent of our own acceptance . . . if we encounter an individual who we find is difficult for us to tolerate, then what we have done, in truth, is given the power of our own consciousness to that individual that we cannot tolerate . . . when man gets understanding, he then is in a position to apply the divine laws that he now understands . . . The teaching is, also, that understanding is the very foundation of all our soul faculties . . . Man is a physical being, which is the effect of a mental body. And man is a mental body, which is the effect of a soul body, and that is the expression of what we call the Divine or God . . . Whatever you are seeking is also seeking you . . . So let us pray for more understanding."

CL-39: Self-Control—The Philosophy of Spiritualism

"Without awareness, there is no control. And without control, there is no freedom ... Without self-control, my friends, whatever thought your consciousness is exposed to controls your life . . . Our teaching and philosophy is that like attracts like and becomes the Law of Attachment . . . And so it is in life, the only thing worth seeking, the only thing that has any power to change your life, to transform you, to bring you

the fulfillment your soul is seeking, the only thing is called peace . . . Peace, which we understand to be God, the divine, neutral, intelligent Energy expressing through all form, that great Peace we experience through self-control . . . Often we have spoken that heaven is not a place you're going to go to, but it's a state of consciousness that you're growing to this moment in the here and in the now . . . Let us strive to be a bit better. Let us strive for a little more awareness, a little more freedom . . . This philosophy does not teach you what is right or wrong. It teaches you the divinity of your own soul . . . let's stop trying to do something in life and let's just get it done!"

CL-40: Experience, The Mirror of Motive

"... because we have been granted what is known as choice, we, therefore, have become a law unto our self... However, that divine right, known as choice, does not come to us without its own responsibility ... And so we have a teaching in this philosophy and that is that energy follows attention through the vehicle of thought . .. Our teaching is that forgiveness frees our soul from the bondage of self... God is ever equal to our understanding. And so as we expand our understanding, our God becomes more full in our lives ... Only through a lack understanding is man intolerant to the rest of God's creation. Let us not be so important in life that we know which path another human soul must walk... Let us not worry what our brother is doing, for that energy that we use for that level of consciousness is depriving that energy to heal our own mind, to heal our own body ... when we set the Law of Intolerance into motion, we guarantee that experience that we are intolerant of to come to us someday ... Let us commit ourselves to our own God within our own consciousness, because only through commitment to that which is our only life can we truly be free."

CL-41: Application—The Law of Supply

"Most of us, I am sure, are aware that supply of anything, be it material, mental, or spiritual, is nothing more nor less than the effect of directed energy . . . If we permit the experiences of yesterday to be the guidance for our eternal moment of now, then the emotions and the feelings of yesterday will continue to control our lives . . . It does not benefit mankind to learn the divine, natural laws of life and not move them into physical, material, mundane application . . . When we feel emotional concerning our seeming temporary inability to attain what our minds are seeking, it simply means that the divine law is not being applied in what is known as the electrical field of your own being . . . We have the divine birthright to enjoy the fullness of the world in which

we are expressing . . . Let us not look at another and desire what he or she has. For in so doing, my good friends, you deny what God has waiting for you . . . Let us accept the world the way that it truly is: filled with love and beauty, filled with prosperity and purpose."

CL-42: Self-Will, The Wheel of Illusion

"When man exercises what is known as his conscious choice, we understand that to be an expression of his will . . . The experiences of our life, of times that have already past, are the motivating forces within us that make decisions for us in our life, when we are expressing self-will . . . Until such time as we make a greater effort to know about our own mind, to know how it controls our life and guarantees all experiences that we encounter, then we, as individualized souls, will not be free . . . I know of no other way to free the soul, besides a daily, honest soul searching to find out what you have accepted in your lives as truth . . . Many philosophers have taught that joy is an inside job. My good friends, Spiritualism teaches that all of life is an inside job. For what in truth is life, but the limit of man's own experiences? . . . when you find truth in your own soul, you will not have to be told; you will know that you are an inseparable part of one Divine Intelligence . . . Truth is individually perceived. If you think that you do not have truth, it simply means that you have no self-control. For freedom is the direct effect of self-control and truth, my friends, is freedom."

CL-43: The Love of Living

"... when we accept that demonstrable divine truth of personal responsibility for all experiences that we encounter in life, when we truly accept that law, then we will demonstrate what is known as divine will ... divine will is total consideration, total acceptance ... Without acceptance my friends, there is no faith ... All of us are controlled, to a great extent, by what is referred to in this philosophy as the tapes of past experiences ... There is no reason in any mind to suffer and experience a life of grief and misery. It is only our absolute refusal to accept a higher power, a Divine Intelligence that holds the stars in space, to which all things are possible Whatever man relies upon becomes his master. Let us not forget that ... Let us become aware of who it is that is guiding our ship of destiny." CL-44: Fourth Anniversary—Serenity Church:

"It is the inherent nature of all people, of all form, of all creatures to strive to organize themselves in order that they may fulfill their chosen desires . . . through a lack of control of our own mind, we find ourselves in what is known as chaos and disorganization . . . our teaching in this philosophy is an education, a balance of our functions of desire and soul faculties of aspiration . . . we often use as an excuse the lack of time . . . he who sees the obstruction, that soul shall not find the way . . . a wise man will place his attention on what he wants to become in life, not place his attention upon what he is desiring to overcome . . . For organization is an effect. It is an effect of a balanced mind, it is an effect of understanding . . . If things in this world of creation had lasting value, business would not boom as it does . . . desires of the moment are fleeting . . . we cannot express in our consciousness what we have not yet accepted . . . we all change. But we don't necessarily change the way someone else wants us to change . . . let us first become the living demonstration of organization before we decide to suggest and demand how another organization should organize itself."

CL-45: Destiny—A Spiritual View

"... religions of our world have taught and continue to teach that God is love, that the true shall set us free ... acceptance is the divine will ... rejection is the self-will ... We do understand that a seeming bad experience is nothing more nor less than seeming underdeveloped good ... by our own acceptance, by our own rejections, we in truth are declaring and have declared our own destiny ... that that guarantees pleasure is destined to guarantee pain ... he who relies upon man for his joy, his supply, his health, his prosperity, comes under the control of man's law, not God's law ... If you cannot be honest with yourself, you cannot be honest with your God .. . A wise philosopher once said, "Manifest the divinity within yourself and all things shall become harmoniously arranged around you" ... the manifestation of divinity is whole, total, and complete acceptance in consciousness ... divine law is total consideration ... satisfaction permits our soul to sleep, but irritation wakes the soul ... That which you give thought you, you give power to ... look at how, when, and why you receive your goodness and you will know your bondage and you will know your eternal destiny."

CL-46: Patience—Pain and Pleasure

"... patience is a soul faculty ... And patience, perseverance, and promise is a soul faculty ... truth cannot and does not exist in a dual expression called mind ... our soul is taken to its true home and that is called our heart ... In creation, the illusion created by mind stuff brings us fleeting moments of pleasure, but each fleeting moment is guaranteed by the laws of creation to bring us equal pain ... man's only suffering is his denial of God ... Bondage is in the head ... It is where we have decided what will bring us joy and happiness ... until we learn to separate truth from creation, we will never have the divine freedom that is our eternal right ... it takes self-control to reach your heart ... there's a bottom to self-will ... when we hit the bottom, we start to rise in divine will ... man cannot desire what man already has ... learn to bow the head in humility ... God, in truth, is the most humble servant of all."

CL-47: Spirit Lands and Spirit Bands

"Spirit is not something that we are going to, necessarily, after so-called physical death or transition . . . The only moment that man knows truth is in the eternal moment of the now . . . The Living Light Philosophy is a philosophy of everyday living . . . the mind knows the mind, the body knows the body, the soul knows the soul, and the spirit is the truth . . . Truth does not set us free until we demonstrate the Law of Application . . . We know that outward experiences are direct revelations of inner attitudes of mind . . . Freedom is the eternal moment of the now . . . truth is taught through indirection, demonstration, and example . . . What man grants unto himself he may then grant to another . . . when the mind has suffered enough, it will pause and it will become still. And when the mind is stilled, the heart will move . . . the spoken work is life-giving energy. And the more energy you feed through mental activity called thought, the less you receive from the realms of beauty, of truth and freedom . . . only your faith in reason will ever transfigure you and free your eternal, divine soul."

CL-48: Sailing the Ship of Destiny

"... the ship of destiny, our own eternal soul ... Sailing that ship is the mind of man ... It is not a God that has been created by man ... the more we control the mind, the more express our divinity, the more we express our own godhood ... Knowledge knows much, but wisdom knows better ... The lack of use is abuse ... So if we must cry ... let us cry for God, and we will not be so concerned about this

material world . . . When we stop blaming, we will start living . . . What will bring youth back to you—if you think you're losing it or have lost it. There's one word that will rejuvenate you spirit: it's called enthusiasm—to be in God . . . All you need is the spark of enthusiasm."

CL-49: The Fountain of Youth

"... for man in his evolution has become so important that he dictates to divine nature law how things shall be ... the effect of those transgressions is poor health and age ... We cannot see disturbance in the universe until we become the disturbance that we may view it and know it inside of our self ... My friends, we cannot live without energy, which, in truth, is God ... it is time to consider more frequently how we are going to permit ourselves to receive the sustenance, known as Intelligent Energy, for our own good ... Whenever the mind feels that it has been unjustly treated, it goes out into the universe seeking sympathy ... sympathy is guided and controlled by self-interest ... When we become less concerned with ourselves, God will consider us more than we could possibly imagine...This philosophy teaches that selfless service is the only path to spiritual illumination ... the longer we continue to entertain these mental thoughts that have no act or deed, revealing their motives [are] not so pure, then we're not going to have the eternal fountain of youth... For to complain and to criticize is a revelation of how little effort, my friends, that we have made to understand the laws of life."

CL-50: The Way We Are

"... it is truth that sets man free ... man must know himself in order to find the truth so that he can be free ... satisfaction is sleep of the eternal soul ... in the teaching of this philosophy, we find no blame outside of our own universe. It is not the world and it not God ... we are where we are because we have made our minds what they are ... We can change it at any moment or we can continue on the wheel of illusion and delusion that it's someone else's fault ... The soul does not aspire to remain in such a disastrous condition ... the mind is the vehicle through which the soul expresses ... I admit that it takes a bit of effort to try to control one's own mind ... we are where we are because we have made our minds what they are ... When we start to think a bit more of God and a bit less of self, we won't have to be so concerned about the pollution in the world... when you've had enough hell ... you will surrender and let go to an authority greater than your created minds ... Take care of today and you'll know right where you're going."

CL-51: Beginning Anew

"It is the divine law of God that all souls shall be free. It is the law of man that the soul shall be bound . . . we limit the expression of our own fullness of life . . . the minds of men contradict themselves and a house divided cannot long endure, nor stand . . . consider beginning anew, a new thought and a new attitude in reference to what it is you truly desire . . . the mind or so-called brain, the vehicle through which it expresses, is controlled by what we call desire . . . This philosophy understands that we are, in truth, spirit, formless and free; whatever we think that and that alone we shall be . . . total consideration is divine love . . . total acceptance is divine will . . . our life is the direct effect of the laws that we alone have established . . . Beginning anew takes a perspective, an effort, an application of the Law of Personal Responsibility . . . If you are not happy with your state in life, look within . . . God is an infinite, intelligent Power called Divine Love, called impartial Energy . . . attention is the vehicle through which God's love flows . . . our minds are limited in respect to divine law . . . a man not concerned over the effects of his efforts is a wise man."

CL-52: Forgiving, The Path of Freedom

"... a clarification of the spiritual understand of the word *forgiving*... The only everything that man change is in keeping with divine law ... whatever happens to us in life is caused alone by us ... Nothing happens to us by chance ... We establish laws. And those laws, demonstrable, return unto us ... The Spiritualist movement knows the Law of Personal Responsibility ... we get out of a thing what we put into that thing and not one iota more ... it is possible for someone to know something about you that your minds do not yet know themselves ... there is one God ... there is one consciousness ... if, in your efforts to pray, you establish the Law of Total Acceptance, which is divine will, then that divine will flows through your life and the transformation of your life is the result ... we are not alone no matter what we want to think about life ... we are in truth, indeed an inseparable part of one consciousness; that whatever *we* think and whatever *we* do is affecting another human soul ... Friends, when you're in love with God, you will know what happens everywhere, at all times, and will have the feeling for the souls that are struggling to be freed from the glory of their bloated nothingness."

CL-53: When It Means Enough

"... our sense of values in life are dependent upon the degree and the guidance of discipline that we have had at a very early age ... Without disciple in life, our sense of values run far out of proportion and out of perspective ... man does not value what he does not make effort to attain ... When the going gets rough, those who have been lacking in discipline are the first to quit ... the key to success is the principle of effort ... the principle of effort is the lack of concern ... our success in life is dependent upon how much it means to us. Not by what we tell our self it means to us and not by what we tell others how much something means to us, but how we demonstrate it ... Know in life what it is you want to do ... you must know what you want to do on Monday as well as Sunday ... you see how simple the Law of Success truly is when it means enough to you."

CL-54: Our Brother's Keeper

"Are we in truth a separate, independent unit in all of God's universes or are we an inseparable part of a whole, called Divine Infinite Intelligence?" . . . we are personally responsible for our own thoughts, our own acts and activities . . . How does man in truth become his brother's keeper? By being the demonstration of honesty within himself . . . Total consideration is the expression of divine will . . . no man can grant to another what he has not first granted unto himself . . . our brother's keeper must be a keeper unto our own soul first . . . we and we alone are personally responsible for every experience we encounter in life . . . For if we blame someone for our own weaknesses, then we must, in keeping with that law, blame them for our strengths . . . It is the process of educating the ego that is necessary . . . First, we must understand what the uneducated ego truly is . . . reason is a perfect balance . . . know thyself and ye shall know the truth and the truth shall set you free."

CL-55: The Fifth Anniversary of Serenity

"... anything in our mind that we have convinced our self we cannot do without that is the very thing we shall learn, in time, to do without in order to be free ... For like a great magnet, that that is entertained in mind goes out into the universe and it returns unto us ... We cannot face ourselves until we accept the divine truth of personal responsibility ... there is nothing outside—whether they call it the devil or God—that is responsible for what we do with our life ... If we have not learned the lessons of yesterday's transgressions of natural law, then we continue to experience the effects of today's transgressions . . . creation is governed by a dual law . . . It is through the process of surrender to that Divine Intelligence that man is freed, that man is successful, that man is healthy, that man is happy, that man is fulfilled. . . it is not what you need to put into the mind to free your soul, it's what you need to take out of it to free your soul . . . our adversities become our attachments . . . reason is balance . . . 'I am Spirit formless and free, whatever I think, that will be' . . . we are the effect of what *we* think; we are not the effect of what everyone else thinks."

CL-56: Plants, Animals, and People

"For without plants and animals, there would be no people on this earth realm . . . we cannot broaden our own horizons unless we make the effort to look beyond them. And we cannot make the effort to look beyond them unless we can accept, in our consciousness, the possibility of an equal intelligence expressing through forms that are different than our own . . . the purpose of our soul entering earth form is not only for our own soul evolution, but [to also be] an instrument for the evolution of all form in which it comes [in] contact . . . in becoming aware of your attitude, you will know in that moment whether you are harmonious with nature or you are discordant . . . let us consider entertaining a level of consciousness of gratitude and appreciation for the food that enters our human body . . . The only thing that man can take is the physical form. No one can take that which isn't in their power to take . . . We must learn to treat the four-legged friends much differently than we have been treating our two-legged friends . . . we cannot use our blown-up nothingness called the human intellect to commune with them . . . They don't need to study English or any other language to understand what you're feeling. They don't need dictionaries to understand what your thoughts truly mean."

CL-57: Accepting Our Birthright

"... we, in truth, are constantly changing ... judgment is based solely, wholly, and completely upon the accepted experiences, upon the thinking that we will permit our minds to entertain ... when it is that we view life from the seat of judgment, we guarantee those lessons and experiences necessary that we may surrender our thoughts and dictates of right and wrong ... We cannot view the cause of anything that we are involved in. We must step back in our mind and look from a vantage point of objectivity to see, in truth, where we really are, not where we think we are ... Whatever changes we make within our own mind has a direct and an indirect effect upon all minds ... Life around us and about us is just the way that we accept it ... that we may graduate in this school of life from one grade to another and another and another. For that, my friends, in truth is what life is all about . . . This philosophy teaches that our adversities become our attachments because we direct energy to anything that we are adverse to. And by directing that energy to it, we create and attract it into our lives . . . our life it just exactly the way that we are taking it."

CL-58: Dynamic Perspectives

"We always get what we really want, while being deluded by what we think we want.'... The basic principle of this philosophy is the Law of Personal Responsibility ... the lessons of life, in truth, are the blessings of life ... We think, in our delusions in creation, that we are judging others. In truth we are not. We are judging our own perspective of things outside ... man's destinies are his denials ... the steps to the depths of hell are the steps of judgment ... the rail upon which we lean as we descend is the rail of pride ... man takes pride in his denials ... like attracts like and becomes the Law of Attachment ... each thought that man entertains by the Law of Identity ... man creates the shape, the size, the beauty, or its opposite of that form that man, through his thought—through the vehicle of thought—is creating ... Only the minds of men have possessions, which guarantee obsessions ... we have all created what is known as thought forms ... By entertaining that thought, the form grows ... We must all pay in life for the lessons that are necessary for our eternal peace."

CL-59: Review and Renewal

"... we must make that effort to find out why we react to experiences in life the way that we do react ... the only benefit to experience is that it continues to repeat itself. It only continues, my friends, until we accept what the experience truly has to offer us ... we are indeed all successful in what we alone have chosen to do in life ... a failure is the greatest success, for it is success in a negative, but it is indeed success ... There is no such thing as an original thought in the minds of men ... the trouble with desire, my friends, is that it changes so often. It changes from moment to moment. The moment that you fulfill it, it demands more ... It is stated here that through repetition change is made possible ... that which you hold destroys you, and that which you free unfolds you ... For as you give you become a clearer channel for that great divine eternal Intelligence to flow through you unobstructed ... It is the givers of life who are never without ... My friends, in your giving will you find joy.

And in your giving you will free yourself from the things that bind your being. It's in your giving through your heart, not your head."

CL-60: The Lessons of Life

"... change is made possible through the Law of Repetition ... creation offers to all of us a duality of experiences ... he who seeks the things and not the cause of things is ever controlled by the fluctuating desires of the human mind ... divine right is not dependent upon people, places, or things. Divine right is dependent upon divine acceptance ... our adversities become our attachments ... God sustains whatever thought, whatever pattern of mind, whatever attitude you choose to make ... put God in it or forget it ... that will of the Divine is known as total acceptance ... when we take stock of what we really do accept, we find we are extremely limited in our lives ... when we dictate to the Divine, we are, in that moment, becoming greater than the Divine ... No man can change the thought of another ... You are not the things that you entertain in thought. You are the cause that is behind them ... Choose more wisely your thoughts, for they are the magnets that are pulling you to your own waiting experiences ... There is no God and no angel that controls your mind ... it is the freeing of ourselves from ourselves that is the true joy of Life herself."

CL-61: The Fullness of Life

"We understand that divine will is total acceptance . . . divine love is total consideration and desire is divine expression . . . the decisions that we make are dependent upon the limited acceptances of our past experiences . . . in that dictate, we are no longer in the divine flow of God's expression, but we are, in that moment, the victim of our own rejections and our own acceptances . . . The fullness of life is the acceptance of life, but man dictates to God how life shall be. That, known as judgment, is the greatest cross we have to bear . . . Intolerance is a judgment and a denial of the right, the eternal right, of God's expression . . . 'I am only a witness of time passing on. A witness of things that have come and gone. Never the jury or the judge will I be, for I am the witness, the life and the tree' . . . be the witness of life."

CL-62: The Awakened Soul

"... that that has no beginning has no ending ... And it is that created substance, known as the human mind, that is the veil between our eternal soul and the view that is our divine right of eternity itself ... You cannot be objective about anything as long as you entertain thoughts and dictates of the human mind concerning it ... there is something above and beyond all creation ... To the awakened soul, man experiences that goodness, for man no longer judges and dictates to God how it shall be ... Why does man neglect? Because man has risen in his self-importance and is dictating to divine Infinite Intelligence how all of his life shall be ... Man says it's difficult to accept the authority of God ... man is the greatest borrower in the universe ... For whatever man lets go of, God takes control of ... we cannot experience in life what we are not willing to accept ... And only you alone can accept something better ... If we refuse to accept the right, the infinite right of evolution, known as change, then we're swimming against the tide of life. And the tide of life is greater than the thoughts of man ... Let us graciously accept all that life has to offer ..."

CL-63: Harmony, The Law of Health

"And it is through this process of identification with the objects that we observe that we become bound by so-called limit or form or creation . . . An education is something that takes place when man makes the effort, the daily, moment-bymoment effort, to accept the infinite divine right of God to express through a variety of levels of consciousness . . . Let us truly become the observers . . . This body that we have now is known as the temple of God. Everything that happens to it reveals what our attitudes and thoughts truly are . . .You cannot experience anything that you do not first identify with . . . If you only identify with your limited mental acceptances, then that's all you will ever be aware of experiencing . . . negative faith is known by man as fear, the authority of the limited mind over your eternal life . . . A petrified mind never freed a human soul . . . Let us lift our hearts to something that is greater than what our minds can possibly conceive."

CL-64: Promise, The Destiny of Life

"... the thought of being tired is dependent upon judgments of the human mind . . love all life and know the Light . . . Each and every day of our life we are experiencing the dictates of our own mind . . . Whenever the limited will of the human mind rises to dictate in any experience, in *any* experience its authority over the right of divine will, then man suffers . . . man suffers from his denials in life . . . our denials, in truth, are our destinies . . . The greatest failing known to man is the failing of placing the blame and responsibility in life's experiences outside onto someone else or something else . . . It is our opinions that, in truth, are causing a lack of goodness in our life, but those opinions, created by our minds, can be changed . . . It is through honest prayer that we are freed from these dictates of yesterday . . . place God, that Divine Principle, in your thought and God will move whatever mountain your minds may have already created as your obstruction . . . the easiest thing in the world is to accomplish what you desire. The difficulty is in knowing what you desire and sustaining the effort necessary to do it . . . That better life is waiting for everyone, but it is directly dependent upon their willingness to change."

CL-65: Six Years of Serenity

"... whenever man makes a decision it's known as a judgment ... This church was founded on the basic principle of personal responsibility, founded upon the total acceptance ... life, in truth, is the way we alone are making it ... It is in our mind that our peace and our wars are waged ... we must learn to accept. It is the denials in life that are our own destinies ... All things in creation are sustained by this neutral, infinite Divine Love ... This philosophy teaches that presumption is the Law of Descent. It also teaches to investigate everything and to presume nothing ... humbleness is the path of peace; acceptance is the door through which we enter into paradise ... we do not consider what we must give up to gain that something better ... you must be willing, through study and application and through daily effort, to give it all to what is called God ... each time you give with reservation you are standing outside of the divine flow ... And whatever it is you want in life, whatever is your number one priority, give that, your greatest desire, to God ... And so the greatest gift that you have to give is your own totality."

CL-66: Inspiration

"... we must view this soul faculty known as inspiration as an inseparable part of a trinity, for inspiration flows through the soul faculty of reason and consideration ... the human mind is not designed to consider all ... And so we must consider something that is greater than the experiences in life that we have already encountered ... man values only that which he makes an effort to attain ... Take hold of your thought. Awaken yourself consciously to what your beliefs really are ... You have identified with the limitation of form . . . For the greatest gift to God is the gift of self . . . For that that is healthy is abundant, harmonious, and good . . . You are responsible for the thoughts that you permit to pass through your mind . . . Heaven is what you yourself have accepted and are demonstrating . . . put your house in order each and every morning before confusion sets in . . . Those houses are built by your thoughts and your attitudes . . . The workers win . . . our heaven is within our consciousness. It is dependent upon your acceptance and your beliefs . . . 'What is my attitude of mind this moment?'"

CL-67: Man's Law

"... man, in truth, is a triune expression ... destiny in life is the effect of our denials ... For the human mind is commonly referred to as the throne of negative faith ... The unknown is not unknown to your true being ... 'What is, in truth, our need to be different?' ... He who does not seek to possess has all he could possibly use wisely ... we must look within, become aware that it is within ... And our view in life is directly dependent upon the judgments that we have made ... your refusal to accept the demonstrable, harmonious laws of life is your fear to protect what you think you possess ... So whatever it is you like or you don't like about what you call yourself, remember, it is exactly what you yourself established ... acceptance is the will of God ... you must demonstrate God's will ... The moment, whatever your problem may seem to be, the moment you give it up, it rises into a realm of consciousness within where all things good are not only possible, but constantly being demonstrated."

CL-68: The Fullness of Life

"... the fullness of life is an effect of an ever-expanding consciousness. The expansion or broadening of our horizons in life is dependent upon the faculty of acceptance... The freedom from the bondage of desire is directly dependent upon the education, not the annihilation, of desire ... So man needs not to be worried and to be impatience with his desires. Man simply needs the common sense to pause and to place it under the light of eternal reason ... Change is an expansion of your consciousness ... Man can soon see, at any moment he chooses to see, whether or not he has a desire or a desire has him ... The created or false gods in our mind slowly, but surely, begin to disintegrate as we begin to awaken within ourselves that this divine intelligent Energy is a servant to all ... the mind does not permit any inspiration or idea to pass through it that is not already in keeping with what it has

prior acceptance to . . . in all your giving, give the gift of self . . . For without that gift, without a giving of it, the wall that stands between man—within his own being—and his freedom, his abundant living. And when that disappears, man will have the realization of the true purpose of his experience here on earth."

CL-69: Harmony, The Law of Health

"... to work upon the effects is not to free us from the cause ... peace is the only power that sustains all form ... man is deluded by the belief that he is the experience ... For man, and man alone, is the creator of all of his experiences ... man and man alone can change those experiences ... a form is more than just a form. It has intelligent movement. It has want, need, and desire ... discord is the birth of disease ... the physical body is a direct effect of the mental form created by the minds of men ... O man, know thyself ... it is an opening of our minds, that our heart, the vehicle of our soul, may fully express ... the obstruction is the human mind ... like attracts like and becomes the Law of Attachment ... So if we want a change outside, then we must first make the effort to do the changing inside ... the cause of all things in within ... let's add to the list of our acceptances our right, our divine eternal right to the wealth, the health, and the happiness that is, in truth, the goodness that God has given to us."

CL-70: Life's Purpose

"... whenever we direct thought, we create form ... We have entered earth with untold centuries of evolution and experience ... When we, through our own identity, identify with a thought and believe that we are that thought with which we have identified, then we become that thought, that form ... time and space is an illusion created by our own mind ... as long as we insist upon holding on to thoughts and attitudes of yesteryear that are no longer serving a beneficial and useful purpose in our life, then we cannot broaden our acceptance and horizons ... The moment that we accept, we no longer become or are the obstruction in our own path ... We have earned or merited the experiences that are before us, here, on this the earth realm .. . We must go beyond positive thought. We must go to the source, that which sustains not only positive, but negative thought ... irritation wakes the soul and satisfaction lets it sleep ... acceptance is the will God ... man is the cause and the cure of all of his experiences ... God is not a doer and God is not a giver. God is a sustaining intelligent Energy ... we must first make the effort to do the changing inside."

CL-71: The Joy of Teaching

"... all of life is teaching us something ... For we are all teachers and we are all students ... the laws of evolution are greater than the thoughts of men ... For there is no experience that man can encounter in life that does not contain a lesson that he and he alone has personally earned ... Let us view objectively, with the light of reason the things that we desire within our lives to change ... whenever the mind permits the illusion, the dictate that anything is outside of the power that lies within us, then we are the victim of so-called circumstances ... everything that is taking place in your life is an effect of the attitudes of mind, the levels of consciousness that you are choosing ... a house divided cannot stand ... Let us take stock of our thought ... we get out of anything what we alone are putting into it ... the law is impartial ... So the more we worry about anything, the more we demand to control it ... When we stop insisting upon controlling things, we will stop worrying about things ... For you cannot be a good teacher unless you are, at the same time, a good student ... a good student never stops asking."

CL-72: The Source

"An accident implies something that just happens without known cause or responsibility. This philosophy teaches and demonstrates that there are no accidents in the universe. . . reason will cast light upon the shadows of the mind . . . we always get what we really want . . . whatever in life you judge you shall not do, you establish the laws necessary in consciousness that you shall have to do . . . So that's the way it is with our thoughts. Don't hold to them so tenaciously. They build walls and obstructions between you and the goodness and supply of life . . . if we make that effort this moment each day, then we will rise from the levels of consciousness called duality."

CL-73: New Experiences and New Attitudes

"... all experience is directly related to an attitude of mind ... Once we accept, consciously, that we are responsible for all of the experiences that we have, we start on the conscious effort to reach the cause of all things in our life ... For our judgments

in life do not see clearly... For our experiences each and every day or revealing to us constantly what we are doing with our life... the will of God is total acceptance... And it is the unfulfillment of our desires that cause us to entertain so much judgment ... Let us view desire in the light of reason ... It is the judgment of the fulfillment of desire that limits man and causes man so much lack in life, so much struggle, and so much discord, which is the true cause of all disease ... To educate a desire is to cast the light of reason upon it ... We quit because we judge there's too much effort and it is too much of a struggle ... For we can only grant to another what we are granting to ourselves and so few of us have learned to encourage our self ... truth needs no defense ... if you change this moment for the better, you will never again be concerned about your tomorrows."

CL-74: The Continuity of Change

"... change is an inevitable law that nothing in form escapes ... the thoughts that we form in our mind, we should not attempt to hold to them ... Something cannot come out of nothing ... For whatever you accept in life, you free from controlling your life ... the intelligent Energy sustains whatever you choose to think ... It is totally, wholly, and completely impartial ... Life shall ever be however you take it, for life is always the way we make it ... How does man find what he is seeking inside? By first accepting the demonstrable Law of Personal Responsibility ... The moment that we judge how we will gain anything, we establish a mental law, and all mental laws are dual laws ... there is no loss and there is no gain to divine neutrality ... It all depends upon our willingness to accept the possibility of something greater regardless what our judgments have dictated in the past ... if you let your judgments go, the gates of heaven and all of the goodness that is waiting for you will open ... each time you bow a judgment you open a door to the goodness of life."

CL-75: Our Changing Attachments

"... each and every moment we are in a process of change ... It is our thoughts in life that make things right or wrong ... the human mind is an instrument designed to attach to whatever it accepts. And the human mind is an instrument that uses what is known as fear to protect what it thinks it has ... A wise man makes his decisions and accepts everything necessary to attain it ... To understand anything is to place you, your consciousness, in a position to work harmoniously through it ... what you view outside of your life is only an effect of your attitude towards it ... We become the victims of circumstances through an error of ignorance ... Your parents were chosen in keeping with the law that you alone set into motion . . . like attracts like and becomes the Law of Attachment . . . There is never a moment when the human mind is not expecting something . . . If we cannot become the living demonstration of goodness in our personal life, we certainly are in no position to dictate or try to counsel another how to bring the good into their lives . . . the demonstration in our life is the revelation that we alone are doing."

CL-76: Attaining Universal Consciousness

"We know we are not the mind, that the mind is a vehicle or instrument that our true being, known to us as the eternal soul, uses to express on this planet . . . We are not the experiences of the mind . . . All things we see and hear are censored by the limited experiences that we have already accepted in our lives . . . It is our mind that fears, not our soul . . . So our lives this moment are the revelation and demonstration of what we have been placing our attention upon . . . in order to change anything in our life, we must first become aware of it . . . We must give up the thoughts and the attitudes that tell us life is so bad . . . there is no power, there is no force outside of our own personal universe that can bring us anything good or so-called bad . . . We help our self by helping another . . . God, the Divine Infinite Intelligence, works through man, not directly to man . . . Our responsibilities in life, we must never allow to exceed our love of God . . . no matter what level of consciousness you experience, you are never alone . . . No one denies us but our self."

CL-77: Seven Years of Serenity

"... whatever in life that we experience we are directly responsible for ... And when you accept the principle of personal responsibility, you begin to face yourself, where the changes must, someday, be made ... heaven is a state of consciousness This is the moment that we can do something with ... we must make the effort to free our mind from so many judgments ... It is not God or some power outside our self that tells us that it's a terrible day ... If we hold not to it, then we shall not be controlled by it ... freedom is the direct effect of self-control ... That that you need to control is what is presently controlling you ... we can free our self by the very simple principle of discipline ... when your mind thinks of peace, your little computer rises up with war ... we get out of life what we put into life ... So often man despairs in life ... when the effort to truly experience the divine right of your life is not really that great an effort. It's just a constant effort. It's a little bit every day, instead of a lot now and then . . . there is something better waiting for you. But it's up to you to open the door of reason and accept it."

CL-78: Our Invisible Friends

"The basic teaching of this philosophy is the teaching of personal responsibility . . . Both doubt and fear, a function of the human mind, does only one thing to our life . . . It takes a little effort each and every moment to remember the world on this earth that we are presently experiencing is a mirror revealing our own mental world . . . It is our attachments in life that bring us our suffering and our pain . . . It is through this help that we receive from those who have experienced this earthly life and who have gone on to other dimensions to other levels of consciousness, it is through their assistance, for they are indeed with us daily, that we are inspired and encouraged to make, yea, even greater effort . . . the price of pride . . . there is no lasting security in identifying with the things that come and are guaranteed to go . . . We are not the thought. We are the intelligent energy that has created the thought . . . All of life is vibration . . . We cannot experience these invisible friends in our conscious mind until we first accept the possibility . . . Man fears what he judges he cannot control . . . All our health and all our wealth and all our happiness is inside . . . accept the possibility of something greater."

CL-79: The Power of Acceptance

"... the will of God or the divine will is total acceptance ... Our struggles in life are the effects of what we reject ... we never are those experiences unless we permit our minds to delude us into the false belief that we are the experience ... The greatest blessing that man has ever had or will ever have is what is known as the divine right of choice ... When you do not consider in total, then you are not in the divine love of God ... whatever in life we place our attention upon, we have a tendency to become ... each harmonious thought we have in our mind sends a healing balm out into the universe and has a direct effect upon all of nature ... For each denial that you set into consciousness closes the doors of opportunity that are waiting to open. It is our dictates that send us on our destiny, through the path of denial ... You can change it by first accepting its right of existence and, in so accepting, accept the right of something better and something greater."

CL-80: Survival, The Miracle of Life

"... the minds of men can change many things, but they cannot change the very principle of life itself ... No one and nothing can change our life, but our self ... we must first learn to accept that we are, in truth, the masters of our ship ... It is in the acceptance of anything that the law is established to experience it ... all discordant thoughts and feelings are the children of denial ... Man's only limit or struggle is what his mind dictates ... we must pay the price of our judgments; we must pay the price of our denials ... to do it well is a demonstration and a revelation of consideration ... When you have total consideration, then you have the love of God flowing in any of your endeavors ... When we bring unity to our mind, we bring success to your life ... the cause of the discord, the lack of not experiencing the fullness of life, is only thoughts, created by our mind, that are not in harmony with each other ... when you find the cause, the cure is ever evident ... before any victory in life, be it in the material or spiritual realms, the dues you have incurred, they must be paid ... It is our attitudes that change our life ..."

CL-81: New Attitudes and New Experiences

"... we always in life get what we really want ... The change, my friends, takes place in our own mind ... Nothing, my friends, takes place outside. Everything for us takes place within us ... We can change our attitude in this moment by changing our thought ... if you are not good to yourself, you cannot be good to another ... Man established those mental laws. God impartially sustains them ... Anything created by the minds of men is limited by the minds of men ... hold not to form, my friends, for form shall pass ... it is through repetition that change is made possible ... So when we've had enough of what we don't like, we will begin to accept what we do like, no matter what it takes."

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