

The Living Light Philosophy Catalog

Class Synopses for the Consciousness Classes of *The Living Light Dialogue* Volume 7, which includes classes CC-187 through CC-218.

The spiritual awareness classes of the Living Light Philosophy were given through the mediumship of Mr. Richard P. Goodwin.

CC-187

Beginning a new semester, the teacher explains some of the class procedures; personal responsibility and the Law of Application; evolution through the Law of Change; how we give up our freedom and our truth by placing responsibility for our life outside of our own universe; discussion on the Law of Life; the parallel Law of Creation and the Law of Identity; the necessity of creating a balance between the Law of Life and the Law of Form, or Creation; making changes in a more gracious and harmonious way; recognizing the gate of victory; why the students are encouraged to think and think and think more deeply; understanding the demonstrable teaching, hold not to form for form shall pass; man, the triune being; response to a question about the illusion of time; the connection between time and mental judgments; creation, a vehicle to be used by the eternal soul that it may express through form; the benefit of removing our consciousness from the things that disturb us; learning what deprives us of the beauty and goodness of life; our divine right to control that which we create; completing that which we came to earth to do; changing our Law of Destiny.

CC-188

Affirmations and how they work; the Law of Evolution, of which we are an inseparable part; test-tube babies and the cloning of the form; awakening to intelligent life that is everywhere present in all the universes; the importance of making the small but sure effort to encourage ourselves; the Law of Continuity, the lifeline to the goodness of all experience; how the Law of Continuity becomes firmly established in our life; how we establish the Law of Judgment; how to know when you are standing at the gate of victory; viewing the book of life; declaring and demonstrating our birthright to abundant goodness in our life; discussion on first impressions; overcoming the Law of Judgment; how to serve our true purpose in life; how the divine Law of Acceptance heals both present and absent ones who are in need of help; the eternal flame, the spiritual flame, and our own acceptance; the Law of

Attraction; attention, the door through which intelligent energy flows; accepting the return of our “chickens that have come home to roost” to face the personal responsibility that we have created them; acceptance of the Law of Personal Responsibility; insight, looking within to find that all things precious to us are waiting for us; the circle of karma; removing ourselves from the karmic wheel by becoming the observer.

CC-189

Response to a question, “Does the soul express in the same gender in each incarnation?” The Law of Evolution and the Law of Refinement; freedom from the limits of judgment by broadening our horizons; aspiration, the balance of the divine expression known as desire; art, the essence of life; the inseparability of growth, expansion and evolution; how we experience our own heaven; acceptance, the will of God; denial, the will of man; the Law of Balance; the importance of reminding ourselves each day that we are the peace that passeth all understanding; reeducating the mind in order to find the true purpose of our being; form, the effect of love; life, the movement or expression of the divine eternal light; the principle of form; man, the greatest borrower known in the universes; rulers of the realms and their responsibility; practicing the exercise of disassociation to slowly wrench ourselves free from the bondage of form; discouragement, a device of the patterns of yesteryear; encouragement, the handmaiden of the faculty of reason; remembering that we will always be the principle of life; learning the great blessing of self-control; how to speak to the mind in order for it to fulfill a good purpose in life; directing our own evolution.

CC-190

The difference between the faculties and functions and the purpose that they serve; how imbalance creates the war within; how we become the victims of our own created forms; why the Law of Personal Responsibility is the only path to freedom of the eternal soul; why attachment is our greatest struggle; the primary difference between the duality of creation and the trinity of truth; the principle of faith; faith, identification, and directed energy; the purpose of our being on the Earth planet at this time; why the function known as money is the first and most predominant of all of the functions; why we believe that there is never enough of the function of money; how money is the effect of directed energy; learning what robs us of our peace and abundant goodness; making sure that our spirit stands guardian at the portal of our mind; the spiritual substance of common sense; educating our desires by the faculty

of reason and the guiding light of patience; remembering there is always a payment before attaining our desires; attachment and the need to control; why we feel a need to sleep in class; how the mind tries to protect what it thinks it controls.

CC-191

Time and space, the journey through the mental realms; becoming aware of the unity of all when the faculty of reason rises supreme in our consciousness; how the mind forgets what it judges it can no longer possess; why making the effort to control our mind is so difficult; the illusion of self, the greatest illusion of all; discussion on thought forms and experiences; our birthright of choice; patience, the soul faculty in which wisdom lives; the Law of Attachment; accepting responsibility for our thoughts, feelings, and experiences, and thereby freeing ourselves from them; why our destiny is at our command; the importance of not placing blame outside for our own experiences; rejection and judgment; faith, the greatest power in the universe; using the forms of your mental creation wisely to serve you well, to be instruments through which you may experience the goodness of life; understanding the great responsibility the human has merited in eternity; how to bring about the balance to experience the goodness wherever you go; seeking the causes and not the effects in life; faith, the faculty that is inseparable from poise and humility; becoming the living demonstration through the Law of Application; humility, the faculty that views through the Law of Total Acceptance and is the love of all the universes.

CC-192

Facing the Law of Personal Responsibility, the very foundation of The Living Light Philosophy; what is meant by the statement: "If the Light is too bright 'tis best they see it not now;" how the obstructions in our life were created; chasing the universe to find what is already inside of us; the necessity for organizational rules and regulations and how they come about; the second soul faculty of humility, poise, and faith; peace, the intelligent power of the universe available to all life form; how to become receptive to the power of peace; the faculty of encouragement; faith, the power to move any obstruction we have created; living in the door of opportunity; using the soul faculties to bring us the success of good living; how to once again become the captain of our ship and the master of our destiny; freeing ourselves through disassociation; reason, the light that is brought to the world through a perfect balance of the faculties and the functions; the difference between mental substance

and spiritual sustenance; the process of educating desire; response to a question about children in the spirit world.

CC-193

The inward journey; our experiences, the embodiment of thoughts that we have entertained within our own realms of consciousness; explanation of the saying that things always get worse before they get better; how to free ourselves from the control of the forms that have already been created in our mental universe; learning how to control our own destiny; awakening our mind to the simple truth that we have the right to choose intelligently how we wish our lives to be; response to a student's question about cloning; the basic principle upon which the pyramids were built; finding a state of peace through breathing exercises; failure or success, the demonstrable effect of directed energy; explanation of the teaching that hidden in failure is the secret ingredient of success; awakening the faculty of patience.

CC-194

Understanding total acceptance, the basic principle of The Living Light Philosophy; how we establish our own Law of Destiny through judgment and denial; the benefit of flooding our consciousness with the simple truth, "God is the true and only source of my supply;" finding out who we are by becoming honest with ourselves; how to work on the faculty of duty, gratitude, and tolerance; how vibration, whether positive or negative, is created by our own attitude of mind; the inseparability of cause and effect; changing through the Law of Repetition; how we bind ourselves to self-created laws until they are fulfilled; changing our attitude and changing our life's experiences; the importance of accepting the Law of Personal Responsibility; how we become the instrument to bring about changes within another; how to expand our consciousness and not be limited by the Law of Identity; how we limit our will to blind desire; how our thoughts, acts, and deeds have a beneficial or detrimental effect upon the whole; considering our responsibility to the universal whole.

CC-195

Understanding constructive imagery; the power of imagery; what happens when we permit our mind to dictate that the cause of anything we experience is beyond our control; recognizing that without the acceptance of personal responsibility we do not start on the path of reason, but continue to serve creation; how to gain control of our own life and destiny; becoming aware that our thoughts are our tools, designed to serve us in peace and harmony; why we have difficulty making commitments; the necessity of demonstrating the courage of our convictions; accepting that everything we could possibly desire is within our own realm of responsibility; the benefit of daily, positive affirmations to counteract the negativity flooding the consciousness; approaching the gates of victory; recognizing the signs that we are moving forward in our efforts; choosing the greatness, the goodness, and the fullness of life each and every moment; accepting personal responsibility in the truth that we are the cause and the cure of all of our experiences; becoming the living demonstration of an abundant goodness known as God.

CC-196

Beyond the human mind of creation; peace, the power of the universe; how to rise to higher realms of consciousness; using the great power of peace for constructive good to the fulfillment of the very purpose of life; discovering the realms of harmony, abundant good, and fulfillment; looking to the eternity which we are, in the moment of awareness; evolution, the principle of change; the Law of Identity and the evolutionary process; times for beginning and times for ending; becoming united within our own house in order that we may be part of the unity of the One; practicing the principle "it is within" to rise in consciousness; charting an intelligent course through eternity; freedom from all creation, the acceptance of responsibility for it; moving serenely on the sea of time; the greatness of life, the reflection of our own vibration; choosing the way of peace, the way of fulfillment; success, the effect of the power of peace; maintaining the principle of continuity in our efforts to change; individualization of the soul through the expansion and contraction principle; coming ever closer to the light that transfigures us; going forth through the great void with the soul faculty of courage and the light of faith; giving the greatest gift we have, the gift of self; the thought of I, the very principle of separatism, which stands between us and what is rightfully ours; learning about our constant companions as we pass through the great void, homeward to the light.

CC-197

The human mind and how it works; the power of peace; the Law of Creation; the destiny of discouragement; recognizing that everything we experience is vibration, always dependent upon our attitude; understanding the Law of Giving; learning to accept, whether we like it or not, to ultimately have all the fullness of life we could desire; the importance of keeping the mind active and in some degree of control; demonstrating that to the Infinite Divine Intelligence all things are possible; the unchangeability of spiritual principles; taking seventy-two hours to weigh out important decisions; how we become a victim of circumstances; accepting the Law of Personal Responsibility; encouragement, a very positive vibration; learning the simple truth: fear keeps us where we are, and faith puts us where we want to be; spiritual motive and vibration; discussion about the lapse of consciousness called sleep; the importance of making the effort before going to sleep and upon rising to guide and control our thoughts; the necessity of repetition, the law through which change is made possible; what it means to follow the path and give up everything; how the thought of I builds the barrier between you and the infinite abundant supply; giving up fear, demonstrating faith, and flowing with the endless, the ceaseless, abundant good of life.

CC-198

Beginning a new semester with the 198th public class; how thought patterns and attitudes of mind grow and develop; bringing an awareness to the conscious mind of the different things we are being controlled by; how the world that we experience is governed by the various acceptances and denials of our early childhood; how, by directing our thought to something greater than the limited self, we will continue on the path of evolution in a harmonious and peaceful way; what is meant by “self”; how we become the victim by permitting our mind to think that someone or anything outside of our own universe is the cause of any obstruction in our path, thereby giving power to things beyond our control; making an intelligent effort to control our thought by becoming aware of ourselves; how fear controls us; the first step of personal responsibility; the acceptance that our life is the direct effect of what we are letting our mind think about; using the “harness” of reason to transform our lives; remembering that to God all things are possible to one who has the wisdom of patience; the cause of impatience; accepting the constant process of change that is taking place in all our lives, in all the universes; the necessity of accepting the going as joyously as the coming in all of our experiences; how our destinies are born from our denials; accepting the truth that already lies within us; conscious awareness, the true light of our path; making the conscious choice of being one who acts or reacts; how we are responsive to the Law of Duality; making the conscious choice that this is a beautiful day; accepting the possibility of something greater, in order to establish the law which is necessary for it to enter into our universe; response to a student’s

question about allergies; how denying the existence of anything in truth helps it grow; discussion on the delusion of uniqueness, separatism, and the united eternal consciousness of which we are an inseparable part; remembering that the light of reason shines brightest when our thought is in the eternal moment of now; how the Earth planet became populated; the building of the Egyptian pyramids; understanding that whatever it is that you choose to do in life, become that which you choose, and the experience will follow.

CC-199

[This is a very good introductory class for someone who is new to The Living Light Philosophy.]

Facing personal responsibility in life, the very foundation of The Living Light Philosophy; the meaning of “personal responsibility;” discussion on the Law of Like attracts Like and Becomes the Law of Attachment; tracing the thought pattern inside ourselves to find out what law we have set into motion in keeping with the Law of Personal Responsibility; the many ways we experience greed; how and why our “chickens come home to roost”; taking the first step on the path of reason by accepting that it’s all inside; demonstrating that balancing the soul faculties and the sense functions brings about a harmony, a rhythm, that brings to us peace, joy, and the happiness which is in truth our birthright; discussion about the meaning and understanding of principle; how transgressions give birth to rules and regulations; the necessity of becoming aware of the first thought we have when we awaken in the morning and the last one before going to sleep at night; the principle of honesty, which is a soul faculty; how to deal with a thought or a feeling that is not beneficial to us; how our fears in life cause us to sell out; demonstrating our unshakable faith in God; standing firm on the rock of honesty within our own being; finding God in the midst of the greatest fear, if we do not sell out; becoming aware of what we fear so that we will know our master; honesty, the only thing that’s going to lead us through the jungle of creation; how our mind makes life a law unto ourselves; growing by facing our own levels; how the negativity of self causes our exhaustion; learning how our thoughts poison our body and our judgments break down our health; discussion on the Law of Denial and the benefit of acceptance; practicing the teaching: “He who loves himself more than he loves me shall lose himself to find me, but he who loves me more than he loves himself has found the truth, eternity.”

CC-200

The importance of thought and of our attitude of mind; facing personal responsibility for the thoughts of our mind; learning why we shy away from the Law of Personal Responsibility; how to truly fulfill the purpose of our life; becoming the captain of our ship and the master of our destiny; learning to communicate with our whole being; becoming aware of who we are; how we merit our lessons in life; understanding that the attitudes and patterns which are detrimental to us are our greatest lessons; why we do not reach the goals we set in life; traveling in consciousness; the awakening process; expanding our consciousness and broadening our scope in order to truly find that we are the Universal Whole; what dictates the Law of Struggle and Difficulty in our life; expectation, the covering of all of the judgments and dictates of our mind; what it means when we say, "It will work out in Divine Order"; total acceptance, which sees the good in everything; how we abuse the Divine Law of Harmony; discovering that what we are really seeking is the light and the life, which is known as Love; the necessity of making self-control our number one priority; learning that when the test is the greatest, we have all of the power necessary to pass it; becoming aware how our mind drifts, taking us to realms we do not choose to go.

CC-201

The light within, the path of reason; how denials created by the mind obstruct the divine will, known as acceptance; how to be free from the mental laws that dictate a limited destiny; learning that to pause to be at peace is to enter the light that is within; the difference between the soul faculty of reason and what our mind judges to be reasonable; the necessity of becoming aware of our true purpose; recognizing that that which enters the heart permits the soul to speak and to guide us in our lives; understanding that all things to all people are possible when the acceptance of the possibility is freed from their mind and enters the depths of their heart; how to move along the neutral path; how to bring about a perfect balance in our life; experiencing freedom by separating truth from creation; bringing the mind under the control of the light within; using desire to educate desire; discovering that all you could possibly desire is where you are; defense mechanisms, how they are created, and what controls them; response to a question about autistic children, and how to care for them; overcoming fear and fascination through the soul faculty of courage; the difference between enthusiasm and challenge to the ego; discouragement and the function of failure; understanding the circle of completion; the wisdom of completing all endeavors we have begun; flooding our consciousness with the divine right, our birthright, of harmonious, peaceful flow; the beauty of accepting responsibility for all our experiences.

CC-202

Repetition, the law through which change is made possible; overcoming patterns of mind that have proven to us not to be beneficial; why we find difficulty in flooding our consciousness with positive, beneficial affirmations; recognizing that whatever we identify with in life, we sooner or later become; the importance of taking stock not only of the things that we are thinking but the things that we are speaking; how we guarantee the Law of Greed in our lives; how a law established by us goes out into the universe and returns to us in keeping with the Law of Attachment; living in the eternal moment of now, the moment that we can bring about any change within our consciousness that we truly desire to bring about; learning how infallible and divinely just the laws of God truly are; the true mark of spiritual growth: becoming aware of how many times a day our mind blames outside for what is going on inside; accepting responsibility for our lives; how we become bound by others' vibrations; why desire is blind; understanding how desire begins as divine expression; making the effort to accept the divine source of all good in life; the importance of understanding the human mind; what causes us to experience fear; learning how to fulfill our desires; the benefit of redirecting our faith to God, rather than to the human mind; the sleep of satisfaction; guilt, the rejection of desire.

CC-203

[This class is a fine introduction to Spiritualism.]

Gaining a broader perspective of what it really is that we are seeking; recognizing that we are in a constant process of change because we are all an inseparable part of the evolution of form; demonstrating the Law of Continuity; facing the level of consciousness that doubts what it cannot physically see, hear, sense, or taste; God, a representative principle of the goodness of life; questioning the existence of spirit, of soul, and of our eternal existence; the purpose of spirit communication; making the effort to find God inside that we may find God outside; learning how we all use the great power of faith, whether negatively or positively; how we establish the Law of Payment and Attainment; learning that each thought our mind entertains we pay for, and each thought we give to God we are free from; making the effort to set the laws of peace and harmony into motion, for the effect of those laws is the goodness of life; demonstrating to ourselves the full acceptance of the Law of Personal Responsibility to experience the goodness we are seeking; how irritation wakes the soul; becoming aware that The Living Light Philosophy works when it enters our heart; raising to spiritual realms of consciousness to be in the very essence of things; observing nature to learn from the little squirrel that it is a transgression of the soul

faculty of gratitude and the expression of the function of greed to put away more than we need; seeing the beautiful, perfect balance of the Intelligence that is flowing through nature, and how the little animals are well cared for because they are in the eternal moment of now; the delusion of the mental realms that offer to man past and future; taking care of the eternal moment to be freed from concern about our tomorrows, and be free today.

CC-204

The teacher discusses what it's like to be a medium; taking the opportunity to turn to something greater when we can't see how to work things out; making the daily effort to educate our ego in order to sustain our faith in a higher power; how the patterns of our mind use fear, negative faith, to prevent us from making changes; identifying with something greater—the first step on the path of spiritual awakening; discussion on the true cause of irritation; becoming aware of our own weaknesses when we begin to work with the weaknesses of another; working with the faculties of duty, gratitude, tolerance, and encouragement; bowing the self-will for the good of the whole; using the Law of the Spoken Word to bring positive things into our lives; understanding that the human mind is a process of imaging; giving more consideration to the thoughts that we permit our minds to entertain; why money, ego, and sex are the strongest functions; the difference between fantasy and imagination; the teacher defines the following affirmation; “I speak my word into the universe, knowing that it shall not come back to me void, but accomplish that which I send it to do”; recognizing that we must deny what we have in order to experience need.

CC-205

Triune faculties and functions and the Law of Supply; the sleep of satisfaction or the unwillingness to change; why we have problems with the soul faculty of duty, gratitude, and tolerance; recognizing that everything around and about us is dependent upon all the forms in our sphere and zone of action; learning how desire, the divine expression, gets blinded by our dictate and our judgment; how to keep desire divine; tolerance, the key to success; self-love, the obstruction that stands in the way of the soul faculty of tolerance; how we get out of balance with the Divine Law of Harmony; the teacher offers recommendations on how to find the divine love within us; possession vs. love for another; negative attitudes and how they affect physical objects; electromagnetic emanations of the human mind and the effects thereof; accepting that we can control the thoughts of our mind, that we can have

whatever it is that we desire to have, that it is our right, if we are willing to demonstrate the natural laws through which it may flow into our life; finding the positive no matter what the disaster seems to be; working on ourselves to effect changes in our environment; the principle of clutter; discerning that only by cleaning up our own act will our world become beautiful.

CC-206

Discovering how negative vibrations can destroy electromagnetic equipment; accepting that the negative laws we set into motion and the negative experiences that we have are the direct effect of our attitude, our thoughts, and our emotions; how to free ourselves from negative and frustrated emotions and feelings; understanding that the Law of Continuity is indispensable to success; opening up the soul faculties in order to stay in the Law of Continuity; accepting the Law of Personal Responsibility; making a little more effort to encourage the changes inside of us; discussion on judgment and rejection; facing the crossroads in our lives—the choice between what the limited self has to offer and something greater, known as God; recognizing that it is our thoughts and the effort to discipline our mind that bring about the joy of life; the necessity of making sufficient effort to become aware of the thoughts that are passing through our mind; learning the difference between personality and principle; attachment, the fulfillment of temptation; finding that each time we are tempted we are controlled by fear; making the effort to declare the truth of how great life really is; becoming aware of thought forms and the benefit of creating angelic forms.

CC-207

The teacher discusses how the basic teachings of The Living Light Philosophy are demonstrated in our daily lives; tracing the cause of destruction of property; accepting the principle of personal responsibility; understanding rejection, retaliation, and revenge; opening up the soul faculty of care in our lives; considering the feelings, attitudes, and levels of consciousness in others; accepting that no one can exist in the universe without the whole; money, the effect of directed energy; recognizing there can be no success in life without organization, without tolerance, without some degree of opening of the soul faculties; discipline, control, and freedom; growth through exposure; embarrassment and attachment to a level of consciousness that we are unwilling at present to change; the importance of finding the level of consciousness that causes destruction, in order to effect a cure; learning why people have problems

with communication; how to establish more consideration in our life; understanding that God's laws are infallible and totally impartial; consideration, a soul faculty which is inseparable from the faculty of care; looking for the good, or God, in all experience; how we sell out principle and break the back of character; having value for the faculty of quality; recognizing that when we truly make the effort to flow through the faculties of the soul, through consideration for others, all of that goodness will flow back to us; "The bridge to understanding is the unexpected"; learning that there is no truth or freedom as long as fear is in control.

CC-208

Beginning a new semester, the teacher gives an introductory class on the basics of The Living Light Philosophy; learning that we get out of anything in life whatever we put into it; a short discussion on meditation; establishing with the consciousness that perfect peace and tranquility which is the true home and birthright of the eternal soul; broadening our horizons through a greater acceptance; how we establish the Law of Denial; eternity, the moment of our conscious awareness; what the statement, "Put God in it or forget it" really means; recognizing that without personal responsibility, there is no spiritual awakening; how gratitude builds our heavenly home; unity, peace, and power; allowing the mind to serve a beautiful purpose by keeping it controlled by the light of reason; awakening to the simple truth that life is ever as we make it and just the way we take it; jealousy, envy, and greed, and what it breeds; gratitude, the application of appreciation; what happens when we suppress desire; our conscious mind (the electrical field of our aura), and the subconscious mind (the magnetic field of our aura); recognizing that what we are getting in life is in keeping with what we are giving; exercising the principle "to ignore" to free ourselves from concern; taking the time to find the goodness inside ourselves.

CC-209

The teacher responds to the students on how to recognize what area of their lives should be worked on; the need of the human mind to identify with passing events; moving beyond the realm of time and mind by making the effort to be freed from identification and attachment; learning that all is in the moment of eternity; the necessity to remind ourselves daily that we are not the form, but the power that moves the form; power and the Law of Continuity; the benefit of discipline and control of the mind on a daily basis; balance, harmony, and peace, the path of Divine neutrality; our responsibility regarding the Law of Identity; the difference between

the I and the thought of I; how to restore our health; the breath of life; the inseparability of identification and judgment; communicating with the universal language of our soul; Love, the eternal home of our soul; the error of fear of tomorrow or regrets of the past; recognizing that our soul is very much aware that we have come to earth to serve a great and good purpose, though our mind may know it not; remembering that God's greatest work is done in the silence of the mind.

CC-210

Learning that change is not only inevitable but that it is indispensable to evolution; the teacher gives an explanation of how the process of exposure frees the soul; how to trace experiences back home to where they originate; choosing between the fruits of action and freedom from them; moving out of the mind to have new experiences in our lives; repetition, the law through which change is made possible; working toward the spiritual realms here and now; the benefits of acupuncture; why animals respond more quickly to treatment than humans; judgments, the only obstruction to the fullness and the freedom of life; being a part of the whole of life itself by expressing in universal consciousness; how to learn what our tomorrows will be; how we abuse the Law of Use; the importance of remembering that we are the stream of life; how we merit our experiences through the Law of Attachment; remembering that all of our experiences are beautiful mirrors to tell us where we are at any given moment; how negative cells in the body become cancerous; ways of restoring health in the body; remembering that when the struggle is the greatest, victory is at hand; "Stand guardian at the portal of your thought and the joy of life will ever be at hand"; our conscience, a spiritual sensibility with a dual capacity—it knows right from wrong; the importance of remembering that the mind is a vehicle designed to serve our soul; attachment and overidentification; principle and total consideration; how the soul impinges upon the mind to control itself.

CC-211

How life constantly offers us the opportunity to see where our priorities are; the teacher speaks in reference to applying The Living Light Philosophy; making wise choices in order that we may experience the true beauty and joy of life; judgment, responsibility, and discipline; how to bring about new and more beneficial experiences into our lives; self-discipline, self-control, and personal responsibility—the indispensable ingredients to peace, joy, freedom, and abundant good which is our birthright; why we have difficulty receiving that which we desire; recognizing that

there is no problem that doesn't have within it its own solution; freeing ourselves from pride, the effect of the king of judgment; what happens when we ground out the electromagnetic field of energy within us; how self-thought decreases energy necessary for survival ; the inseparability of health and wealth; understanding that for each effort we make to encourage ourselves that things are better, they do get better; accepting that tolerance is indispensable to success; giving up judgment in order to open up the first soul faculty; the difference between judgment and decision; freeing ourselves from the control of the mental world.

CC-212

Peace, the source and the power itself; how to free ourselves from the control of discordant thoughts; the ultimate effect of directing our energy to concern; the benefit of a daily process of flooding the consciousness with positive affirmation; recognizing that it is our birthright to consciously choose to be captain of our ship and master of our destiny; freeing ourselves from the great wars and battles in our minds through the power of peace; how to overcome fear; how the mind uses the function of concern for the glory of control; understanding that the soul faculties cannot be controlled by mind; how to live in the world and not be a part of the world; judgment, concern, and control; judgments and the force of creative energy; the beauty of balancing the mental world with the spiritual world; learning that our experiences in life are the mirror of the thoughts we choose to entertain; how to make the philosophy work for you; the meaning of "being with a thing and not a part of it"; taking control of what we want to identify with in order to enjoy the goodness in the world; learning that a seeming bad experience oftentimes produces excellent results; recognizing that we have everything to bring us all the good that we could possibly desire.

CC-213

The teacher discusses the state of consciousness known as Divine flow; past, future, and the Law of Creation; how to enter the Divine flow; present, the moment of the power of God; how to free oneself from the magnetic field of emotional attachment; the power, the peace, and the presence; experiencing the life, the love, and the light; entering the dream as the observer; entering the presence in the moment of pause; heaven, an experience that is dependent upon our realization of it; how we interfere with the great river of life; force vs. the power of the stream of consciousness; letting go of the forms within our mental universe; our reality, the effect of the forms of thought that we depend upon; flowing harmoniously in the

Divine consciousness; experiencing the great power and healing of odic energy, the very sustenance of life; response to a question about the Summerlands; explanation of the teaching: temptation leads us to God when all else fails; what is meant by: “God’s sadness is nature’s joy”; identification and experience; changing our experience by changing our reality; learning to become objective and to accept God’s manifestation of variety; how we weaken our spiritual fiber and character; facing our responsibility of taking care of the vehicle of our eternal being.

CC-214

Discussion on the application of the Divine Healing Prayer; realizing that nothing works for us that we do not identify with; identifying with the Infinite Neutral Intelligent Energy called God; how the Divine Healing Prayer works for us; gaining control of the multitude of desires that express in our mind; personal responsibility, the Law of Freedom; experience, an effect of our thought; how we create our own reality; how to open the door of opportunity; doing the work of our soul in the here and now; learning that The Living Light Philosophy is a very personal philosophy to be used each and every moment daily; identifying with the happiness and joy of life; how to free ourselves from the struggles of creation; taking control of our reality and becoming the master of our own destiny.

CC-215

Discussion on the Law of Use and Abuse; facing personal responsibility to be free from the many trials and tribulations we encounter; the Law of Freedom, the full acceptance of personal responsibility; the Law of Continuity of Effort; how we give away our divinity; discovering that the moment we accept our life the way we alone have created it, then we are qualified to change it; accepting our right and our divinity to bring balance in our life; explanation of the teaching, “To those who have, yea even more shall I give, and to those who have not, yea even that shall I take away”; the Law of Ingratitude and the Law of Lack; the benefit of placing our attention upon the goodness that we already have; understanding that whatever you tell yourself and believe, you become; making the effort to receive graciously then give graciously, so there is a continuous flow of goodness in our life; remembering that all things to God are possible if we permit them for us; the cause and effect of jealousy, envy, and greed; how blaming outside for our experiences gives away our freedom and the goodness in our life.

CC-216

The teacher has given the students an opportunity to participate by asking questions regarding application of The Living Light Philosophy; becoming aware of what motivates us; how to discern between self-will and spiritual initiative; discussion on attachment and the principle of detachment; why people have difficulty communicating their true feelings; how judgment and pride interfere with relationships; the spiritual Law of Commitment; how to be free from the Law of Duality in reference to commitment; how we put a damper on the spirit of spontaneity; using positive affirmations to lift our soul so we remove clutter from our consciousness; why most feelings are the effect of mental gymnastics; making the effort on a daily basis to gain control of the human mind so we may consciously choose our levels of consciousness; becoming aware of the eighty-one levels through which our soul is expressing; how to bring balance into our lives; recognizing that beyond the human mind is the eternal spirit deep within which offers us the power of the present, not limited nor censored by mental activity; presence, the Law of Solicitation; how we establish the Law of Transgression; system and order, the Divine Law of the Universe; the inseparability of personal responsibility and system and order; organization and success; understanding our fears and how to overcome them; how we separate our soul from its universal source through the Law of Separatism; the cause and cure of a lack of enthusiasm; understanding that all effort is rewarded, it is the Law of the Divine, if we don't dictate through what channel it shall come; the importance of not becoming overactive mentally in understanding and applying a spiritual philosophy; how our mind reinforces the Law of Limitation; how making the effort to flood our consciousness with God as the source of our supply, our reliance gradually begins to shift from limitation to the wholeness of the Divine Spirit; the universal motherhood consciousness; what is meant by accepting one's divinity; how to deal with insecurity; remembering that to God all things are possible; taking the essence from all our experiences and using it for our greater good.

CC-217

Understanding that it is in one's best interest to first make the effort to gain some degree of control of one's thoughts before attempting a regular daily meditation; humor, the salvation of the soul; how concern is created by a judgment; what the statement, "Put God in it or forget it" means; recognizing that the same energy that is sustaining us at this very moment is sustaining the tree, the plant, the animal, all of life, and that when we accept that, we become the instrument through which that

energy may flow unobstructed into the universe over everything that we see, hear, touch, or sense; how our concerns in life create our difficulties; how our minds interfere with the divine natural flow of life; discussion on organization; the Total Consideration Affirmation; explanation of the Law of Harmony; understanding that any thought we entertain in our mind that disturbs our peace of mind is directly related to a sense function which is out of balance with the corresponding soul faculty; how to trace a thought to the sense function that gave it birth; how to experience the Law of Harmony; how we become controlled by the Law of Creation; the effect of mental resistance to the inevitable expansion of consciousness; understanding the house of our soul and the nature spirits who share it; the process of aging and the fountain of youth; making God our greatest priority; why some people are impulse buyers; how to get fulfillment of our desires; demonstrating the Law of Continuity of Effort; how denial becomes our destiny.

CC-218

In the final class of the semester, the teacher reflects on the benefits the students have derived from their efforts to apply The Living Light Philosophy; the Serenity Plan and the spiritual benefits derived from daily effort to apply it; the benefit of constructive discipline; sticking to something until we get where we want to go; how the Serenity Plan gives us the daily opportunity to gain control of our mind; how desire and pride can be used to serve a good purpose; understanding the connection between weight and affection; taking the good out of a seemingly bad experience; how we separate ourselves from the divine universal infinite whole; the Law of Success, the continuity of effort; how our judgments obstruct what is available to us; learning that we only get out of a thing what we put into it and no more; giving the greatest gift of all, the gift of self; awakening to the delusion of time-pressure; the meaning of selfless service, service with no return to the self; the Law of Balance; remembering that goodness flows from an eternal spring, and whoever receives it and holds it, guarantees the law to lose it; the importance of giving what we have to give and to care less what they do with it; redirecting the Law of Acceptance; realizing that it is not our soul that suffers, it is only our senses that have the experience; how God's angels do their part; accepting that all that is good that our heart can possibly desire is waiting for us at this moment; understanding that we do our part in the moment of acceptance.

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