

The Living Light Philosophy Catalog

Class Synopses for the Consciousness Classes of *The Living Light Dialogue* Volume 4, which includes classes CC-69 through CC-92.

The spiritual awareness classes of the Living Light Philosophy were given through the mediumship of Mr. Richard P. Goodwin.

CC-69

The inward journey; evolution of the soul; soul's merit of parents and experiences; Divine Intelligence, the pure and perfect energy; freedom, the direct effect of self-control; the meaning of selfless service; being at one with the Divine Intelligence; the impartiality of God; the Divine right to health, wealth, and happiness; Law of Cause and Effect; organization explained; meaning of fascination; difference between conjugal love and Divine love; compassion vs. pity; difference between soul and spirit; the purpose of meditation; responsibility and duty; the origin of medicine; acceptance, the Divine Will; the eternal moment; the human ego and its purpose; accepting the possibility; faith and fear; truth vs. justification and defense; understanding the laws that govern what we desire; finding the good in all experiences; how thinking effects our health.

CC-70

The human mind and how it relates to health; how thoughts and feelings effect our lives; learning the patterns of our mind; the purpose of spiritual awareness classes; how to be free in any given situation; the destructiveness of guilt; freedom through forgiveness; the Law of Continuity; reforming habit patterns through imaging; changing a feeling of rejection to one of acceptance; acceptance, the Divine Will; opportunity and tolerance; understanding—duty, gratitude, and tolerance; service, faith, and acceptance through humility; humor, the salvation of our soul; explanation of faculties and functions; understanding our purpose in life; our responsibility to serve in the talent we have earned; the difference between reincarnation and evolutionary incarnation; peace, poise, and power, our birthright; directing the power of Divine Intelligence through free will; responsibility to our creations; the tree of life; responsibility and duty; spiritual, mental, and physical grooming; going on the inward journey to find truth; the level of self-preservation; understanding imitation; motive and solicitation.

CC-71

Fear and faith; Spiritualism vs. spiritism; the difference between a psychic and a medium; the Law of Like Attracts Like; free will and the Law of Cause and Effect; enthusiasm and faith; poverty and abundance; love, faith, and reliance; Law of Personal Responsibility; awareness; soul faculty of compassion; Law of Creation, the duality and the balance; functions, faculties, and frequencies; protecting through fear; truth vs. perceptions of truth; humbleness in search of truth; defining forgiveness; the neutrality of forgiveness; the Creative Principle; teachers, students, and responsibility; how a captain sees his ship; separating truth from creation; auric pollution; growth through communication.

CC-72

Hearing or perceiving; Law of Choice; Law of Personal Responsibility; acceptance, Divine Will; letter of the law vs. spirit of the law; serving God in spirit and in truth; self-awareness, self-control, and total consideration; explanation of parable, “the ears of ego heard not for the door was locked by the key of fear”; explanation of “physician heal thyself”; healing oneself by removing the obstructions; awareness; will; Law of Attachment; Law of Duality; Law of Comparison; discerning spiritual things with our soul vs. analyzing them with our mind; faith, poise, and humility; how an imbalance between soul faculties and sense functions affects the body; Law of Temptation; principle and personality; broadening our respect; Divine Grace; accepting authority; learning to say “no”; creating a kingdom of heaven on earth; fear, irritation, and awakening; purpose of Spiritualism; life after death.

CC-73

The Law of Association and the Law of Creation; forgiving and forgetting; application of the laws of nature; the principle and application of faith; awakening to our own Divinity; controlling the thought process; how a thought becomes a habit; the unlimited resource of Will; the Law of Interference; the Law of Solicitation; explanation of “going through the forces;” the difference between “force” and “will”; comparison and the Law of Duality; Law of Temptation; Law of Total Consideration;

principle and the eighty-one levels of consciousness; balance; how judgment works; the Golden Rule; responsibility of setting a law into motion; repetition, the Law of Change; freedom through self-control; outward manifestations, a reflection of inner attitudes of mind; the power of imagination; “I am spirit, formless and free, whatever I think, that will I be.”

CC-74

Life, the limit of one’s experience; evolution of the soul; individualization of Divine Spirit; experiences of the mind; use or abuse of the human ego; Total Consideration; educating the ego; Divine Law; making the effort to grow in the Light; accepting something greater; duty, gratitude, and tolerance; faith, poise, and humility; gaining freedom from money, ego, and sex; acceptance, Divine Will; distinguishing between voices of the subconscious and the Divine Spirit within us; laws, levels, and principle; electromagnetic fields of the body; peace, the power of God; the Law of Life; curiosity, the father of frustration; what true love is; humor, the salvation of the soul; mistakes, a lack of understanding ourselves; what addiction is; breaking the back of addiction; finding the good within.

CC-75

Life, the limit of one’s experiences; why we always get what we really want; how the magnetic field of consciousness controls our life; self-will or Divine Will; total acceptance; how to release a disturbing thought to the Divine; qualifying oneself to use reason in life; the importance of affirmations; how we give away our Divinity; what the superconscious is; asking a question of the Divinity within us; basic patterns of the mind; facts vs. truth; becoming aware of what causes our feelings; the child within us; the mirror of our mind; Law of Attraction; attention, the vehicle that directs energy; the door of receptivity; unfolding the soul faculties; the true purpose of life; finding the good in all situations; principle vs. personality; the truth about suicide; changing our thoughts; the illusion of time; where life exists; curiosity, a sense function; why familiarity breeds contempt.

CC-76

Becoming aware of our true Divinity; considering the motives of our expression; why people react negatively to our expression; power of the spoken word; balancing our electromagnetic field; our Divine right of freedom of expression; the inward journey; self-awareness and self-growth; the desire body and what it controls; making the effort to see why life is the way it is; identification, individuality, and personality; taking control of that which controls all experiences in our life; finding the cause and effecting the cure; pure motive and total consideration; emotions and reason; what spiritual freedom is; how to find our true motive; levels of justification; total consideration; truth vs. facts; the need for expression; desire, the Divine expression; the creative principle; Law of Attachment; inspiration; compulsion, and the constant need for eating; explanation of soul talent; how to find our soul talent; the meaning of affection; dangers involved in over-meditation; the crossroads of life; using the soul faculty of reason and the sense function of common sense.

CC-77

The Law of Continuity explained; the purpose of spiritual awareness classes; clarification of self-will and Divine Will; understanding the first soul faculty of tolerance; Law of Attachment; making changes to control our experiences; the destiny of denial; what is meant by “denial”; how to keep faith with reason; total consideration; discord and disease, harmony and health; the great importance of peace; expression, the Divine desire; how to help an animal out of rejection and frustration; the continuity of life; rising to higher levels of consciousness within our own being; how to free oneself from an intolerable situation; the benefit of affirmations; the meaning of names; identification in the higher realms; the meaning of character; intuition vs. instinct; evolutionary incarnation; overcoming fascination through self-control; the spirit of spontaneity vs. impulsiveness.

CC-78

Hearing and the law governing communication; the image of words; becoming aware of how words affect our emotions; Law of Association; Law of Disassociation; the meaning of “license”; the Law of Understanding; difference between force and power; balancing our electromagnetic field; explanation of *The Living Light* cover design; power of the spoken word and the written word; the Law of Visualization and Imagination; what raising the level of consciousness means to us; finding the light of reason; the thin line between hypnosis and meditation; how our subconscious controls our life; understanding hypnosis; explanation of “Dreamer, dream a life of beauty

before your dream starts dreaming you”; becoming the observer and not the observed; Law of Attachment; duty, gratitude, and tolerance and how it affects our life; difference between tolerate and tolerance; Law of Total Consideration; Law of Creation, duality and change; the purpose of meditation; educating our desires.

CC-79

The power of the word; the eternal moment of now; finding the levels of reason and Divine Love within ourselves; Total Consideration, respect and acceptance; the Divine right to express; Law of Attachment; why the soul enters earth; the Law of Faith; faith, poise, and humility; Spiritualism as a science, philosophy, and religion; Law of Identity; discerning between impulsiveness and inspiration; the cause of embarrassment or worry; logic and reason; solicitation and desire; how to recognize the spirit; meriting and inheriting our last name; responsibility and the Law of Merit; setting a law into motion; the universality of mind; babies in the spirit world; laws and predestination, our 10 percent; repetition and the Law of Change.

CC-80

[This class is one of the most important in its entirety.]

Respect and the Law of Commitment; understanding, consideration, and acceptance; duty, gratitude, and tolerance; personal responsibility, the foundation and teaching of The Living Light Philosophy; selfless service, the path to spiritual illumination; the meaning of selfless service; awareness, understanding, and freedom; self-control and organization; peace, the effect of all soul faculties; the Law of Willingness; Divine Law of Acceptance; spiritual fulfillment; acceptance, Divine Will; continuity of principle; expressing total consideration; choosing freedom or dependence; soul joy, the effect of freedom; reason and the universal laws of life; the power of the spoken word; balancing the energy of the word and the feeling of the heart; forgiveness and compassion; the unfolding process; the impartiality of the Law of Merit; Law of Solicitation; getting understanding; the universal, Divine Law of Supply; how spiritual healing works; finding God within our own consciousness.

CC-81

Our understanding of God; the Divine right of choice; Law of Cause and Effect; evolution of the soul; creating a soul body; duty, gratitude, and tolerance; faith, poise, and humility; the battle between the conscious awareness and the habit patterned mind; explanation of frustration; Law of Payment and Attainment; Law of Attachment; gaining freedom through self-control; turning to the Light, the Divine Law of Nature; choosing how to view life; Divine right of all forms' expression, the right of free choice; Law of Divine Desire; finding our purpose in life; the human ego and the superego; the Law of Commitment; total consideration; demonstration of The Living Light Philosophy through application; guardian angels; physical, mental and spiritual bodies and how each affects the other; physical characteristics, the effect of laws; putting God, or goodness, into all we do; working in quality, completeness, and wholeness; expressing the Divine right of peace and happiness; "good enough," the law that descends our soul; procreation and the Law of Attraction; being the captain of our ship and the master of our destiny; declaring our Divinity.

CC-82

Commitment, change, and the Law of Creation; repetition, the Law of Change; Law of Descent and Ascent; self-will vs. Divine will; parental responsibilities; self-preservation and self-will; being controlled by our acceptances; man's law or Divine Law; experience, the mirror of our state of consciousness; need and fear; man, the doer, and God, the sustainer; looking for the good; why we want to change others; can expression exist without form; Law of Cause and Effect; Law of Divine Grace; Law of Forgiveness; Law of Bondage; removing our obstructions to Divine Law; fatalism vs. acceptance; Law of Creation; relationship of acceptance and satisfaction; evolutionary incarnation vs. reincarnation; Law of Form; Law of Faith; establishing the Law of Forgiveness; responsibility and strength; self-control and freedom; how rapport is established; programming the mind with affirmative thoughts before going to sleep; energy sappers; desire, the Divine expression, and the Law of Change; finding the cause guarantees its own cure.

CC-83

Meditation, what it is and how it works; repetition, the Law of Change; Law of Continuity; free will vs. controlled will; acceptance, Divine Will; how to still the mind; selfless service, the only path to spiritual illumination; Law of Personal

Responsibility; understanding and forgiveness; Law of Evolution; Law of Freedom, the effect of forgiveness; soul, mind, and body, the three parts of man; spiritual poverty; man, society, and the Law of Merit; total consideration and Divine Love; Law of Cause and Effect; God, the Divine Neutrality; discussion on the parable, “. . . the ears of ego heard not for they were locked by the key of fear;” the destructiveness of guilt; man’s law vs. Divine Law; how man sets laws into motion.

CC-84

The crossroads of life; acceptance, Divine Will; consideration, Divine Love; desire, Divine Expression; the creative principle; explanation of rejection and where it leads; faith, poise, and humility and the corresponding sense functions; expression, the Divine Desire; Divine Love, Divine Will, and freedom; self-will vs. Divine Will; suppressing desire or educating desire; Divine Law; understanding; learning to love; the womb of satisfaction; discussion on self-will vs. Divine Will; Law of Payment and Attainment; explanation of fear; adversity, the denial of your own Divinity; the eternal reject; how our denials become our destiny; discussion of procreation; understanding the cause and finding the cure; principle of faith; Law of Identity.

CC-85

Adaptability, the Law of Evolution; explanation of adversity and attachment; acceptance vs. rejection; Law of Repetition; the inward journey; “Adapt and survive. Deny and die”; sleep of satisfaction; discussion on fear and rejection; Divine will vs. self-will; liberty, the effect of total consideration and total acceptance of Divine Law; Law of Merit and personal responsibility; man’s degree of rejection as compared with other forms on this planet; discussion about judging whether a conversation is, or is not, of a spiritual nature; affirmation given to help free the soul; understanding God; God, the Divine silence, the great void, and the great expression; the door to understanding; explanation of confusion, unawareness, understanding, and the electromagnetic fields of consciousness; what controls the desire body.

CC-86

Divine will, self-will, and the Law of Fulfillment; going home to God; man's law and the limit of fulfillment; the race mind, a demonstration of man's law; discussion on conducting one's life to create a spiritual body while yet on earth; thought forms; the wall of pride; how man gains awareness; the need for sleep; spiritual commitment; the meaning of humility.

CC-87

Forgiveness, the Law of Freedom; meaning of the letter of the law and the spirit of the law; consideration, acceptance, and understanding; man, the microcosm of the macrocosm; pride and rejection; man's law and where it takes him; humility and freedom; life's teaching of the eternal journey of our soul; commitment and the Law of Justification; guilt, the cancer of the soul; explanation of forgiveness; repetition, the Law of Change; continuity, the salvation of the soul; adversities and attachments; gratitude, the Divine Law of Increase; the judgment seat; the Law of Transformation; the worker and his tools; Law of Givingness; becoming the living demonstration of God's Law; Law of Salvation, the Law of Continuity; the inward journey; evolutionary incarnation as it relates to our progression; hope, truth, and eternity; how to let something enter your heart.

CC-88

The games of life and how we play them; parents, the mirror of the soul's eons of experiences; trusting oneself; trust vs. suspicion; the control of self-will; learning to surrender; freedom, the Divine principle; the difference between freedom and license; how we become the victims; what we are really seeking; the aging process; consideration and motivation; encouragement, the way to freedom; Divine conscience—what it is; man, the borrower; the law, personality, and principle; the benefit of irritation.

CC-89

Going beyond creation to the fullness of God; facing faith with the soul faculty of reason; finding one's path to freedom through effort; guilt, fear, and self-preservation;

freedom vs. illusion and delusion; what stands between our peace, prosperity, and true joy of life; looking at creation from a vantage point of freedom; applying the law that frees us; explanation of the allegory about the Garden of Eden; going from self-will to Divine will; law—what man receives in spiritual truth, man bears a spiritual responsibility to share; acceptance, total consideration and Divine love; taking value of our greatest asset; the journey of the soul; being the puppet; accepting our losses as we do our gains so that balance may reign supreme; “When the lips speak as the heart feels, words become the savior of the wise.”

CC-90

How to attain the truth that sets us free; Law of Cause and Effect; security and self-preservation; motive, the key that opens the heart; fear and faith; why many religions of the world continue to teach fear; reflections from within; the meaning of true friendship; man’s Law of Adversity and Attachment; finding the true motive within an experience; putting your house in order, to view the beauty and joy of life.

CC-91

The formless and the form; freedom and fulfillment; the moment of conscious awareness; boredom, the effect of fascination; explanation of reason, the power that transforms us; the meaning and importance of numbers, the key of the universes; choosing between the light of reason or the lesser light of emotion and fascination; conscience, principle, and personality; Law of Duality; surrendering our adversities and attachments to God to experience truth and freedom; the sleep of satisfaction and regret; desire, servant or slave; standing at the gates of victory; revelation of the games we play; encouragement, a soul faculty; elementals and thought forces; going beyond creation to be free.

CC-92

The Law of Self-Preservation; how fear, the Law of Self-Preservation, works; soul awakening; the inward journey; the principle of life; self-preservation, the magnetic

field of our universe; rebirth in the light of reason; the bondage of our created gods; the meaning behind, “Put God in it or forget it;” how we know God’s love.

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