

The Living Light Philosophy Catalog of Classes

The Living Light Philosophy was given through the mediumship of Mr. Richard P. Goodwin, the founder of the Serenity Association. This document has the spiritual awareness class synopses for the classes of *The Living Light Dialogue* Volume 17, which includes classes A/V Class Private 51 through 71.

The initial classes, known as the Discourses, were given to a very small group of students. The Consciousness Classes (CC-1 through CC-246) were given to a relatively large group of students of approximately forty. The Church Lectures (CL-1 through CL-101) as well as the Church Questions and Answers (CQA-1 through CQA-57) were given to the congregation of the Serenity Spiritualist Church as part of its devotional services. The A/V Seminar series of classes were given at the Serenity temple to a group of about eighteen students. The A/V Class Private series was also given at the Serenity temple to a group of about twelve students. As the name suggests, these classes were private at the time they were given and were not to be discussed with anyone who was not present. Before he passed on to the higher life, Mr. Goodwin made it clear that all teachings, even the private teachers, were to be published after his passing. And so, these teachings are now available to students of life around the world.

For more information on these teachings, you are invited to visit www.livinglight.org

A/V Class Private 51

The teacher explains that only those forms which have the conscious awareness of individualization are subject to contract in the Rotunda; Adam and Eve, a principle of Light and lesser light within our own consciousness; returning to the Source through a unification within the consciousness; consciousness, the Principle of Good, God; the breath of life, the most precious thing that we have; the teacher reminds us that a slow growth is a healthy growth; understanding that faith overrides all emotions all judgments. there is no progress without participation.

A/V Class Private 52

The necessity of educating desire and how it is accomplished; how to recognize if we are in control of the function of anger; discussion on possession; how we establish the law which opens the door for decarnate souls to possess our form; understanding that everything is light and the emanation thereof, which is color; regret, a registration in the conscience that one was not at home; the teacher explains how the death penalty produces even more crime; the difference between obsession and possession; why great effort should be made daily to be aware of one's thoughts, so that they are not over-identified with form or limit; why one must not suppress desire; how to educate desire; the importance of not thinking about oneself for one's own survival; understanding that "that which you are not affected by you are not in service to;" opportunity, that which we create; the difference between using and abusing the Law of Creation; what the "lion" represents in the teaching, "the sense to pause is the lion's strength;" the cause and prevention of temptation.

A/V Class Private 53

"Through denial of the right of ownership we destine ourselves to indebtedness of creation." The teacher explains what self-image is; the importance of refraining from thinking about our self-image; recognizing what sudden changes of attitude reveal; the difference between the Law of Self and the Law of Selflessness; understanding that law is absolutely neutral; the importance of having the awareness of form without the belief that we are the form; the importance of separating in consciousness that which we are from that which we are using; understanding that the Infinite Intelligence that expresses through the animal is identically the same, and has the same potential, as the human; how to make changes in a harmonious way; how to experience the great goodness of life; the Law of Abuse; the teacher reveals that self-thoughts are absolutely magnetic; the importance of keeping our electromagnetic field in balance; the importance of encouraging ourselves; the difference between encouragement and stimulation; why work is God's love made manifest; the teacher states: "The only shortage of work in any world is the absolute, blatant refusal of the human uneducated ego to recognize and accept a greater authority, known as the Principle of Goodness."

A/V Class Private 54

The act of good; the teacher explains that whoever accepts the possibility cannot experience need; why we experience need, turmoil and upset; why the human animal is the greatest predator of all; the basis of retaliation and the logic that the mind offers for it; the teacher discusses the mental forms and how they use us through denial; the benefit of declaring the Law of Personal Responsibility before doing the cleansing breath; response to questions on celibacy; the belief we are the form we have created.

A/V Class Private 55

The topic for discussion is peace and force; violence, an effort of the human mind to protect by force whatever it is attached to; explanation of the difference between victims and victors; peace, the power of God; force, the denial of that which sustains it; the teacher expands on his personal history behind the wall; acceptance, the divine will; how to pass through the wall which we have created by our own denials; the importance of understanding the payments that are offered; the teacher explains that there is only one way to victory and it is known as the path of peace; recognizing that we will have to pass beyond reference in order to enter the fourth dimension; reference, an indispensable ingredient for bondage and slavery; fear, a stimulation of the senses; pride, an expression of our attachment to what a wonderful job we've done with ourselves; freeing ourselves from the destiny of denial by accepting personal responsibility.

A/V Class Private 56

The laws of giving and receiving; the Law of the Spoken Word; applying a positive vibration of constructive good; making the effort to free ourselves from the forms of creation; why one helps himself by helping another; the purpose of entering the planet Earth; how to evolve a form; communication and understanding; the teacher reveals that time and space do not exist in a fourth dimension; discussion on time, distance, reference, and space.

A/V Class Private 57

The teacher states that there is nothing to desire when we are what *is*; understanding that everything is reflecting what we think we are—all obstructions, and all ways; the truth about discouragement; how to evolve the form of desire; discussion about saying “I can’t;” understanding that the duration of a distasteful experience is dependent upon how much energy is directed to it; remembering that no new thought can arrive in the consciousness when, through proper breathing, we take control; how to experience that which is; understanding that time, space, and distance exist only to limit; separation in consciousness, the teacher says, is ever in keeping with identification with limit; dreams, designed as vehicles for us to drive; how to help a person make changes; “The spirit of the law giveth life for creation, then, serves the Light.”

A/V Class Private 58

Discussion on the law which states “Lack of use is abuse;” suffering, the effect or experience that we have from believing we are that which we have created; the teacher discusses the important law, which states whoever does not use what they have created shall be used by that which they have created, and we understand that experience as pain and suffering; how to intelligently monitor our responsibilities; how a thought form solidifies into a judgment; understanding that thoughts we have created utilize physical chemicals from our body; the interaction between the mind and the chemicals of the body; belief, an over-identification and an attachment to that which we create; the teacher explains the difference between using and being used by the forms we have created; understanding that creation is here to be used, and in the process of using it, it is refined and evolved; the Law of Disassociation; applying the Law of Frequencies; acceptance, the will of God; the expansion and contraction principle; why it is that belief is bondage and faith is freedom.

A/V Class Private 59

This class is missing.

A/V Class Private 60

Experience, the expression or movement of whatever is created in mental substance; the difference between concern and personal responsibility; the detrimental effect of concern and how to rise above it; the benefit of seeing the good in all things; the teacher reveals that suppression weakens the faculty of reason and strengthens the selfishness of greed; discussion about animal instinct, its purpose, and responsibility; the delicate balance of all life forms on the planet and in the universe.

A/V Class Private 61

The relationship between need and judgment; how to find freedom from the bondage of belief; why it is in our best interest to see the good in all things; accepting the possibility of experiencing the goodness that we are; the detriments of contradiction in consciousness; the benefit of a twenty-minute rest; evolving in consciousness to where we know beyond a shadow of all doubt that we are not the limit, which is the Law of Creation; understanding that a judgment is born out of denial; the teacher explains that desire is the divine expression—the limiting of it is the thrill of man's senses; explanation of the principle of affection.

A/V Class Private 62

The class of application; viewing the way or seeing the obstruction; understanding that obstructions can only exist in time-consciousness; discussion about problems and solutions; the teacher explains that the fire center controls the nervous system of the physical body; pride, the servant of judgment; understanding the electric-magnetic centers of consciousness that are in all forms; finding the solution to a problem through the light of reason; “Whoever insists on seeing their obstruction becomes a servant of their own disaster;” concentration, the key to all power, as we face the cliff on our journey through evolution; why we experience a problem with money; completing the triune function of manifestation.

A/V Class Private 63

The teacher begins the new semester bringing a broader perspective and understanding of the macrocosm; discussion on the minerals and gems of our planet, and what they have represented for eons of time; why the diamond is known as a symbol of deception; response to a student's question on the object in space known as the shadow of the source; how the Ice Age came about; our solar system and its monitor planet; the reason for the rise and fall of advanced technology through the ages; the difference between macrocosm and microcosm; the great importance of encouraging oneself, as related to the whole.

A/V Class Private 64

“When the distance between two spheres equals the circumference of both spheres, the Law of Harmony is established;” discussion on the need for security and what it means to the mind; finding the spiritual meaning of the diamond; the teacher reveals that there are 6,153 minerals on the Earth planet; response to a student's question on the disappearance of the Mayan and Inca civilizations; understanding that we cannot experience goodness as long as we permit ourselves to believe that we need it; using our birth number to find the number which rules our faculties; the teacher states that the planet from which we came is the governing ruler of our faculties; “Whoever does not accept personal responsibility does not, *does not* recognize, nor accept, the limit of its rights”—a basic law of physics; the monetary system; hierarchy, the Law of Form.

A/V Class Private 65

The teacher speaks on all of the faculties and functions; duty, gratitude, and tolerance, a basis of the faculties of our soul; how faculties descend and are known as functions; the difference between perception and conception; explanation of the love of self; recognizing what center we are expressing on by what we experience; understanding that whatever we fear reveals what we are dependent upon; why the human mind has a great love of the negative; why it is necessary to monitor our thoughts; imagination, the doorway to the realms of spirit.

A/V Class Private 66

Fulfillment, experience, what is it and how does it work? Experience, an effect, a reaction to the activity of mental substance, our mind; action, reaction, and inaction; the difference between conception and perception; the teacher explains that knowledge is dependent, wisdom is free; the difference between satisfaction and attachment to the fruits of action; how to give the thought to the Source; the expansion and contraction principle.

A/V Class Private 67

How soul faculties become sense functions; interest, a soul faculty, and its corresponding sense function, concern; learning that fear offers stimulation to the uneducated human ego; faith, the domain in which faculties express, and fear, the domain in which those faculties are pulled into the senses under the control of fear; problem, the sense function of the soul faculty known as solution; need, the sense function of the faculty of fulfillment; when principle leaves the soul faculty it becomes the sense function of personality; how interest becomes concern in the air center; the air center is where we form our thoughts; the water center is where we take our formed thoughts and solidify them, believing and convincing ourselves that what we have created is us; recognizing that communication is indispensable to understanding; determination, the soul faculty of tenacity; when we declare “no problem” we are in the solution, for we cannot be concerned when we have no problem.

A/V Class Private 68

How the soul faculty of dedication becomes a sense function; understanding that the electric center of consciousness is the will power; addiction, the sense function of dedication; “the brighter the Light, the darker the night;” dedication—dead to all distraction; dedication maintains the light of reason, the moment-by-moment choice; how we give our will power to the king of creation; how to free ourselves from our addictions; the king of creation, the ruler of “has-beens;” the difference between dedication and addiction.

A/V Class Private 69

The Isle of Hist, also known as the scales of balance, and the Law of Harmony; where the Isle of Hist is located; conscious thought, electric power; subconscious activity, magnetic force; fear and faith; how fear controls through our subconscious; understanding that one cannot express fear without dependence; discussion on separation of the Isle of Hist; understanding that restriction on something is a denial of all other possibilities; how to tell whether we are on the ascent or on the descent in consciousness; how to help the energy move up to higher levels of consciousness; the teacher recommends studying Helen of Troy and Jason and the Argonauts as mythological teachings of the Light; the vulture, the hawk, the golden eagle and what they depict symbolically; conquest, a function, and victory, a faculty; we are electric and magnetic beings; when we are in balance, we are one, electromagnetic.

A/V Class Private 70

The pillars of salt; need, our denial of what we are; what chemical solidifies thought forms; understanding that the “golden fleece” of which we seek is in truth the Divine Light; paying the price for the luxury of deceiving ourselves; how we drain our faculties of ectoplasm to service our functions; Acceptance, the Law of Life; the difference between living and surviving; tenacity or determination; self-thought, self-destruction; the freedom of self-control; remembering that possibility is always with us; why expectation is greater than the results.

A/V Class Private 71

Why we experience trauma when facing change; understanding that the only thing that controls our mind is fear; the Law of Distraction; making the choice whether to react through the water centers of emotion or to act through the centers of reason; harmony, a faculty; discord, a function; those who believe they are limit are easily tempted, never fulfilled; the difference between a desire and a conviction; how to establish the Law of Conviction to make a change in our life; understanding that the spoken word is life-giving energy; the teacher reveals what happens when we make a commitment; we must have personal awakening inside of ourselves in order to discern between truth and creation; how one becomes receptive to the will of God, the Principle of Goodness; how to abstain from judgment; why we are controlled by that with which we are familiar; the teacher says that a thought always seeks its mate in the water center.