

The Living Light Philosophy Catalog of Classes

The Living Light Philosophy was given through the mediumship of Mr. Richard P. Goodwin, the founder of the Serenity Association. This document has the spiritual awareness class synopses for the classes of *The Living Light Dialogue* Volume 16, which includes classes A/V Class Private 36 through 51.

The initial classes, known as the Discourses, were given to a very small group of students. The Consciousness Classes (CC-1 through CC-246) were given to a relatively large group of students of approximately forty. The Church Lectures (CL-1 through CL-101) as well as the Church Questions and Answers (CQA-1 through CQA-57) were given to the congregation of the Serenity Spiritualist Church as part of its devotional services. The A/V Seminar series of classes were given at the Serenity temple to a group of about eighteen students. The A/V Class Private series was also given at the Serenity temple to a group of about twelve students. As the name suggests, these classes were private at the time they were given and were not to be discussed with anyone who was not present. Before he passed on to the higher life, Mr. Goodwin made it clear that all teachings, even the private teachers, were to be published after his passing. And so, these teachings are now available to students of life around the world.

For more information on these teachings, you are invited to visit www.livinglight.org

A/V Class Private 36

This class in diagramology defines the question, “What are we?”; eternity, our perception of infinity; experience, the movement of limit; the action of being; the number of responsibility, the number of power; understanding that all experience takes place in our perception of what we are; moving in keeping with the Law of Gravity; establishing the law that governs manifestation; the delicate balance of experience; the cause of low self-esteem; the difference between self-esteem and pride; feeling good, the Law of Sustenance; infinity, a circle of return; the laws of the solar system; overcoming the Law of Gravity.

A/V Class Private 37

Diagramology and the centers of consciousness; the teacher explains how we perceive what we are; the three parts of manifestation which must have equal balance in order to manifest; parallel perception, the dream state; the fire center; whatever we create on the Earth planet is a manifestation of what we have already created in celestial realms of consciousness; frustration, a disturbance of created forms in the water center; conviction, an expression of a form that is solidified in the water center; how to bring balance between conflicting forms; understanding that the river of life is infinity; recognizing that our perception is controlled by the Law of Gravity; the importance of starting any endeavor with a clean slate.

A/V Class Private 38

The teacher asks the question, “Why is hell belief in what you deny?”; the teacher continues with diagramology to explain the teachings; desire, the divine expression; understanding that fulfillment of desire only exists in the higher realms of consciousness; how we guarantee the Law of Need; whenever we make the effort to see the good in all experience we change our perception; the spin and counterspin within the centers of consciousness; explanation of what it means to put God in it; light, shadow, and darkness; where obstructions exist; acceptance, the movement of the Divine Principle known as God; centers of consciousness in which we experience need and those where we experience fulfillment; why desire is blind; belief and fear; the superconscious, a conscious awareness of all three; the conscious, subconscious, and unconscious; the teacher reveals that you can only experience need at a 45-degree perception; how we step into the Law of Gravity; whoever denies descends, whoever accepts ascends; the reason for the similarities in the shapes of numbers.

A/V Class Private 39

How denial, need, and temptation relate to the earth, fire, and water centers of consciousness; the teacher explains that denial is in direct proportion to over-identification with limit, form, creation; response to a student's question on relationship; increasing the spin of our consciousness to change from two to three to four dimensions; learning how to perceive other dimensions that affect our lives; the importance of making the effort to understand the true purpose of design of all form; explanation of what goes on the moment we believe we are the thought that is in our mind; the teacher reveals that that which is individualized is divided within;

accepting what we truly are, the will of good; understanding the spin and counterspin of our consciousness; reversing the spin in consciousness to find our way out of temptation.

A/V Class Private 40

The teacher explains that in the moment we face the Light, there is no shadow, there is no obstruction; changing the molecular structure of an obstruction; when to use the principal of ignore; using discernment with our spiritual exercises; discussion on breathing exercises; using retrospin to bring about a change; understanding that that which we resist we in truth are attracting.

A/V Class Private 41

The importance of the affirmations, “The Laws Be” and “The Controlled Spiritual Environment”; why it is important to be in a vertical position when speaking forth the affirmations; the symbol of the cross; the meaning of the number ten; the definition of eternity; moving from a horizontal consciousness into the vertical perception that we may know what we are, why we are, and who we are; how to reverse the spin from clockwise to a counterclockwise spin in consciousness; understanding that we create a thought form as an effect of denial of what we are; feeding the forms through the Law of Reference; using the golden opportunity to separate what we are from what we believe we are; discussion on the nature spirits; understanding that all centers of expression are the responsibility and the work of the nature spirits.

A/V Class Private 42

The wandering soul; the three parts of creation; bringing the cause and that which is created into balance; how the soul is driven out to wander in the universe; applying the laws through which the soul can return; the teacher reveals that the destiny of denial is the wandering of the soul; how Lucifer increases his kingdom; applied appreciation, the Law of Gratitude; being transformed by the light of reason; the relationship between sugar and forms created in the water center; understanding

that the human mind is designed, by its very purpose of design, to be an expert substitute; how chemical changes take place in the mental and physical body; the Law of Objectivity; how affirmations help the soul to return; the responsibility of the nature spirits; how the soul is driven out.

A/V Class Private 43

Discussion on the vital life force; resistance and adhesion; creating angelic forms in the light of reason; why truth is individually perceived; the difference between forms created in the realms of darkness and those created in the light; understanding that the soul creates the vehicles through which it expresses; the difference between our reality and fantasy; reality, a conscious realization of passing events; the importance of being aware of what is behind us; the teacher discusses reaction forms and how they work in our universe.

A/V Class Private 44

Discussion on spin and retrospin; understanding our centers of consciousness as they relate to diagramology; how to move from that which is controlling us to that which we are; recognizing that our security is based upon our fear when we are in the centers of consciousness of the functions; the teacher reveals that all thoughts build a bridge and wherever it is going shall be our destiny; how the form changes ever in keeping with our perception of it; discussion on accepting the possibility; explanation of the faculty of poise.

A/V Class Private 45

Discussion on the nine bodies or centers of consciousness; the water center, the force of the magnetic field; the importance of separating truth from creation daily; total acceptance, the will of the Principle of Goodness within the consciousness—accepting the possibility; why we experience doubt; response to a student's question on why 4 represents security to the emotional body; how to tell the difference in our consciousness between the fire of the flesh and the fire of the Light; why quality is so

critically important in everything we do; the importance of starting over when we make an error, instead of trying to fix the error.

A/V Class Private 46

The importance of making the effort to consciously choose what we are, not what we believe we are; why we think we cannot control what we believe we are; the difference between the functions and faculties; our will, the lord of our universe; payment and attainment, a dual law that governs all limit; how to teach a child to make choices in life; the teacher explains that all form has a price tag, that creation is a price tag, so choose wisely what you buy; how the angels of darkness wear the garments of the angels of Light; how to learn the price of what we desire; understanding that when your love is divine, you're 51 percent in the Light, and you don't have to worry about expecting from creation; why expectations bind us; the teacher reveals that a person easily tempted is one who is totally over-identified with the vehicle they are using and are tempted by the shadows that are created by their obstruction to the Light; how to tell whether we are a great obstruction or small obstruction to what we are.

A/V Class Private 47

The teacher equates the charge and discharge of a battery with the centers of consciousness of the human mind; he explains that we always charge a center of consciousness at the discharge of another center of consciousness; identifying with the pause of the lion's strength; how to balance the charge with the discharge in consciousness; how we have realization of form; imbalance, the Law of Creation; the story of Lucifer; explanation of why animals have no problem seeing in the dark; beginning and ending, the relationship to limit or form.

A/V Class Private 48

The microcosm and the macrocosm; the difference between Atlantean astrology and Babylonian astrology; the relationship between the nine centers of consciousness and the nine planets in our solar system; the celestial marriage—the true contract

between the Light and the lesser light; the importance of making greater effort to awaken to the way things really are; understanding that debts to the forms (soulless creatures) are paid in energy; how the various frequencies create what we understand as a particular form; universal divine law indicates that the more intelligent energy is directed, the more atoms, electrons, and molecules gather into the limit we have created; comparison between seeing and viewing; why denial is destiny.

A/V Class Private 49

“Love is the reflection in another of the goodness in oneself;” the celestial marriage; understanding that every experience we have is an effect of energy that we have used; using our energy intelligently; how humor becomes the savior of the soul; the temptation of discouragement; the difference between seeing and viewing; understanding, an effect of communication; recognizing that whatever we see is only a reflection of what we send out.

A/V Class Private 50

Broadening our understanding on “Be the observer and not the observed”; the Law of Progression is subject to the Law of Participation; how we abuse the Divine Law of Use; the Law of Involvement; understanding that astrology is indicative, not compelling; learning to discern between the letter of the law (the mental law) and the realm of consciousness which is our heart; the difference between being guided by our feelings or by our emotions; how we establish the Law to Participate; how to participate and be the observer; the business of common sense; the contract of the Celestial Marriage and its relationship to solar influences.